

Niantic River Ramble

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **17.3 miles**

Elevation Gain: **124 feet**

Degree of Difficulty Index: **124 ft / 17.3 mi = 7.17 ft/mi**

Terrain: **Flat**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

Starting Location (city/town): **Niantic (East Lyme)**

Starting Location (detailed directions to): **Niantic Bay Bicycles; take I-95 Exit 74, Rt. 161 south to its end at a traffic light; turn right on Rt. 156; take the next right (after crossing RR tracks) on Methodist St; bike shop is on the left; park opposite the shop on street parking.**

Ride Description: **This is a flat ride around the Black Point section of Niantic, over the Niantic River Bridge and up the east side of the river looping through the Oswegatchie area of Waterford. There are spectacular views of the Sound, salt marshes, the Niantic River and the up-scale homes at the Black Point (Niantic) and Oswegatchie (Waterford) locales.**

Facilities and *Points of Interest*:

Mile	Facilities - Points of Interest
0.0	Niantic Bay Bicycles
1.4	<i>Commence tour of the Black Point section of Niantic (views)</i>
7.2	McCook Park (seasonal bathrooms available; bicyclists are permitted entry)
8.1	Niantic business district
8.8	<i>Niantic River drawbridge (views)</i>
9.5	<i>Occasional views of the Niantic River to your left for the next mile (+/-)</i>
12.1	<i>Commence tour of the up-scale homes in the Oswegatchie section of Waterford</i>
13.2	<i>Occasional views of the Niantic River to your right for the next mile (+/-)</i>
16.0	<i>Niantic River drawbridge (views)</i>
16.9	More of Niantic's business district
17.3	Niantic Bay Bicycles

Note: This ride has been provided by the Southern Connecticut Cycle Club from its Ride Library as a service to the Connecticut bicycling community

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Ride description: Wu-New095

Route sheet: RS-New095

Ride submitted by: Gary Carlson, 4/13/07