

Chris' Stroll in the Park Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **54.0 miles**

Elevation Gain: **917 feet**

Degree of Difficulty Index: **917 ft / 54.0 mi = 16.98 ft/mi**

Terrain: **Flat**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Clinton**

Starting Location (detailed directions to): **Clinton Town Marina/Dock, Riverside Drive, Clinton; from the I-95 Exit 63 (Rt. 81) off ramp, head south approx. 0.75 mi. on Rt. 81 (High St) to intersection w/ Rt. 1 at traffic light; turn right on Rt. 1 and proceed 0.25 mi. to Grove St @ traffic light; turn left on Grove St and proceed 0.65 mi. (almost to the ocean) and turn right on Riverside Drive; the Clinton Town Marina/Dock parking lot will be on your left in 0.10 mi.**

Ride Description: **This fairly flat ride heads east to Old Lyme through the towns of Clinton, Westbrook and Old Saybrook while visiting many shoreline sites w/ spectacular views of long Island Sound en route. It features a double crossing of the CT River via the Baldwin Bridge bike path and stops at the CT DEP Marine Hdqtrs. before continuing on to the turn-around point at White Sands Beach in Old Lyme. After re-crossing the CT River the ride follows an inland route on the return trip.**

Facilities and *Points of Interest*:

Mile	Facilities - Points of Interest
0.0	Clinton Town Marina (and dock); portable toilets; seasonal snack shop
3.6	<i>Hammock Point (views)</i>
6.5	<i>Commence 3/4 mile tour through Pilots Point Marina to Boom Restaurant (views)</i>
15.8	<i>Cornfield Point (views)</i>
18.7	<i>Saybrook Point (views)</i>
24.2	<i>Initial crossing of the CT River via the Baldwin Bridge bike path (1.0 mi.)</i>
26.2	<i>CT DEP Marine Headquarters; consider taking a ride on boardwalk to end (special views)</i>
30.0	<i>White Sands Beach; ride's turnaround point (views)</i>
35.4	<i>Start re-crossing of the CT River via the Baldwin Bridge bike path</i>
54.6	Clinton Town Marina (and dock); portable toilets; seasonal snack shop

Note: There are numerous convenience stores, fast food shops and grocery stores along the route where you can easily replenish your supplies should the need arise.

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Ride description: **Wu-New094**

Route sheet: **RS-New094**

Ride submitted by: **Chris DiPalermo, 4/1/07 (updated 5/16/07)**