Oceanside Metric Century

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **64.7 miles** Elevation Gain: **2286 feet**

Degree of Difficulty Index: 2286 ft / 64.7 mi = 35.33 ft/mi Terrain: Rolling

Killer Hills: None

Geographical Region: Southeast Connecticut

Starting Location (city/town): Center Groton

Starting Location (detailed directions to): Star Plaza parking lot just east of intersection of Rtes. 184 & 117 in Center Groton

Ride Description: This is an especially scenic ride over mostly flat to rolling terrain that visits many shoreline points between the Thames River and the Rhode Island state line...including Groton Long Point, Mystic village, Stonington village, Stonington Point and the Pawcatuck River. The route then heads inland and travels through some farm lands (including several lovely horse farms) and forested areas before returning to the starting point. There are a few modestly hilly sections on the ride route...but the ride calculates out to the low end of the Rolling category.

Facilities and *Points of Interest*:

Mile	Facilities - Points of Interest
6.3	Begin tour of Groton Long Point; views
9.4	Beach/park (seasonal bathrooms)
11.9	Comfort station just before Mystic business district
12.2	Mystic Harbor (views)
13.3	Commence tour beside Mystic River (views)
22.4	Entering Stonington village; various stores & shops
23.1	Stonington Point (views)
29.3	Begin tour along Pawcatuck River (occasional river views)
40.7	Entrance to Stonington Vineyards
45.2	Note the several beautiful horse farms along this very scenic back country road

Note: This ride has been adapted from one of the Pequot Cyclists' metric century rides. It has a slightly different starting/ending location and one small diversion coming out of Stonington en route to Pawcatuck. Otherwise, the two rides are identical.

www.ctbikeroutes.org Ride submitted by: Don Shildneck, 2/10/07

Ride description: Wu-New080 Route sheet: RS-New080