NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the <u>www.ctbikeroutes.org</u> team

Total Distance: 31.8 milesElevation Gain: 1373 feet

Degree of Difficulty Index: 1373 ft / 31.8 mi. = 43.18 ft/ mi (high end of Rolling DoD category)

Terrain: 7.7 flat miles are on paved or well compacted stone dust bike trail (okay for road bikes) and 24.1 miles on roads (rolling)

Killer Hills: None

Geographical Region: Southeast Connecticut

Starting Location (city/town): Manchester

Starting Location (detailed directions to): Manchester Community College off Great Path @ rear of Parking Lot "C" near Emergency Pole # 9. From I-84, (east or west) take I-384 east, then Exit # 1 for Spencer Street. At end of exit ramp turn left at traffic light onto Spencer Street, then proceed about 0.1 mile past shopping center, turn right on Hillstown Road and in 0.3 mile turn left on Great Path. In 0.2 mile turn right onto the Manchester Community College (MCC) perimeter road. In 0.2 mile turn left into Parking Lot "C." Proceed to back of Lot "C" and meet near Emergency Pole Box #9. (From I-384 westbound, turn right at the end of Exit # 1 onto Spencer Street and then follow the directions above.)

Ride Description: The ride proceeds from the MCC parking lot west on the bike path along I-384 to East Hartford's Forbes Street, south on Forbes Street, then east on Forest Street and past the east side of the MCC Campus. The ride then continues through Manchester to connect to the rail trail between Bolton and Andover. After 4.6 miles, the ride exits the rail trail just past the Route 6 tunnel, then goes 5 miles on roads to connect to the bike path through Manchester Park and along I-384. Finally, after 1 mile on city streets the ride connects to the bike path at the edge of MCC campus leading to the parking lot.

Note: An alternate starting point is at the commuter parking lot on Routes 6 & 44 – at mile 23.0.

Facilities and Points of Interest:

Mile	Facilities - Points of Interest
10.7	Pass entrance to Case Mountain park on Right
11.1	Highland Market on opposite corner for restroom or snacks
22.4	Rail tunnel under Routes 6, 44 & I-384 (Recommend walking bikes because of poorer surface and darkness)

www.ctbikeroutes.org Ride description: Wu-New079 Route sheet: RS-New079 Ride submitted by: Bob Dickinson, 1/8/07 (updated 6/15/08)