

Canaan Tri-State

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **53 miles**

Elevation Gain: **N/A**

Degree of Difficulty Index: **N/A**

Terrain: **Rolling to hilly (est'd)**

Killer Hills: **One on Rt. 23 climbing past Catamount Ski area**

Geographical Region: **Northwest CT**

Starting Location (city/town): **Canaan**

Starting Location (detailed directions to): **Stop & Shop Supermarket, Rte. 44, just east of Rte. 7 in Canaan, CT**

Ride Description: **Rural ride with hills to challenge your cardio status and scenery to soothe your soul. Ride through Salisbury, Lakeville and Sharon into NY State where you'll find mostly farmland and woods. There is a short section on the Rail Trail into Taconic State Park where you can get a sandwich at the general store. After lunch the fun begins with a long climb out of the valley and into MA. The views are spectacular! The bulk of the climbing is over just after the Jug End Wildlife Management Area. There is one mile-long portion of dirt road followed by flat to rolling rural terrain.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
23.8	<i>Historical Marker of Prize Fight</i>
25.2	<i>Harlem Valley Rail Trail</i>
29.2	<i>Taconic State Park (hike up hill to Bash Bish Falls or go for a swim in the pond)</i>
29.3	Seasonal Bike Shop
36.2	<i>Catamount Ski Area</i>
38.5	<i>Jug End Wildlife Management Area- Appalachian Trail crosses road</i>

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Ride description: Wu-New075

Route sheet: RS-New075

Ride submitted by: Warren Chambers and Anne Q. Coloma, 10/2/06 (updated 9/19/07)