

## "Ride For The Ages" – 75k

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **46.1 miles**

Elevation Gain: **2152 feet**

Degree of Difficulty Index: **2152 ft / 46.1 mi = 46.68 ft/mi**      Terrain: **Rolling to hilly**

Killer Hills:            **Several "attention getters"**

Geographical Region: **Southeast Connecticut**

Starting Location (city/town): **Niantic (East Lyme)**

Starting Location (detailed directions to): **Samuel M. Peretz Park (formerly Bridebrook Park), Route 156 in Niantic (near Rocky Neck State Park). Take I-95 Exit 72 to the intersection with Route 156 at traffic light; turn left and go 0.5 miles to Samuel M. Peretz Park on the left.**

Ride Description: **This ride travels over several of the typical biking venues in Niantic, Old Lyme, East Haddam and Salem. The Salem Creamery @ 30.3 mi. is a fine spot to catch your breath and have a snack or a sandwich. On the return route the ride passes through several largely forested areas en route to scenic Pattagansett Lake.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities – <i>Points of Interest</i></b>
0.0	Samuel M. Peretz Park; bathrooms; ample parking
2.9	Scott's farm stand on the left @ intersection with Rt. 1
30.3	Salem Creamery; portable toilets (seasonal); various ice cream products
~38.5	<i>Pattagansett Lake on the right; views</i>
46.1	Samuel M. Peretz Park; bathrooms; ample parking

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**Ride description: Wu-New067**

**Route sheet: RS-New067**

**Ride submitted by: Don Shildneck, 9/23/06 (updated 11/1/06)**