

"Ride For The Ages" – 50k

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **31.06 miles**

Elevation Gain: **1300 feet**

Degree of Difficulty Index: **1300 ft / 31.06 mi = 41.85 ft/mi** Terrain: **Rolling**

Killer Hills: **One or two "attention getters"**

Geographical Region: **Southeast Connecticut**

Starting Location (city/town): **Niantic (East Lyme)**

Starting Location (detailed directions to): **Samuel M. Peretz Park (formerly Bridebrook Park), Route 156 in Niantic (near Rocky Neck State Park). Take I-95 Exit 72 to the intersection with Route 156 at traffic light; turn left and go 0.5 miles to Samuel M. Peretz Park on the left.**

Ride Description: **This ride travels over several of the typical biking venues in Niantic and Old Lyme. Hains Park at the south end of Rogers Lake at 20.8 miles is a fine spot to catch your breath and have a snack or a sandwich. There is a deli near the intersection of Town Woods Road and Rt. 1 where refreshments can be purchased. While there are a couple sharp up hills (top of Bridebrook Park Rd @ 2.5 mi.; Saunders Hollow Rd @ 17.2 mi.; Riverview & Roxbury Roads @ ~28.5 mi.) there is a marvelous, swooping downhill on Town Woods Road @ ~19.2 mi. to balance things out.**

Facilities and *Points of Interest*:

Mile	Facilities – <i>Points of Interest</i>
0.0	Samuel M. Peretz Park; bathrooms; ample parking
2.9	Scott's farm stand on the left @ intersection with Rt. 1
10.9	<i>Hallmark's Ice Cream parlor to the left</i>
20.8	<i>Hains Park and south end of Rogers Lake to the left just after entering Rt. 1; seasonal bathrooms</i>
30.6	Samuel M. Peretz Park; bathrooms; ample parking

www.ctbikeroutes.org

Ride description: **Wu-New066**

Route sheet: **RS-New066**

Ride submitted by: **Don Shildneck, 9/23/06**