

Down to the River – East Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **33.9 miles**

Elevation Gain: **977 feet**

Degree of Difficulty Index: **977 ft / 33.9 mi = 28.82 ft/mi** Terrain: **Flat to rolling**

Killer Hills: **None...but there is a long 3-mile uphill slog on Hopewell St starting at 11.7 miles**

Geographical Region: **Southeast Connecticut**

Starting Location (city/town): **Glastonbury**

Starting Location (detailed directions to): **Stop & Shop Plaza, Glastonbury Blvd, Glastonbury; use I-91 Exit 25 (Rt. 3 North...this is a double exit; must take Rt. 3 North); go across Putnam Bridge and take 1st exit after bridge (Main St., Glastonbury); go right @ light on Glastonbury Blvd and then right into Stop & Shop Plaza**

Ride Description: **This ride visits the Connecticut River towns of Glastonbury, South Glastonbury, East Hartford's bike paths along the river, and Hartford's Riverfront and Constitution Plazas. There are scenic river views at many points along the way.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Stop & Shop Supermarket
1.7	<i>Begin tour through Glastonbury Historic District</i>
7.7	<i>Begin scenic ride along and down to the Connecticut River</i>
10.2	<i>Ferry Park and Glastonbury-Rocky Hill Ferry; oldest continually running ferry in the U.S.</i>
18.6	<i>Town Green; nice spot to rest and lunch/snack</i>
19.5	<i>Town park on the right</i>
26.0	<i>Great River Park, East Hartford</i>
27.0	<i>Founder's Bridge to Riverfront and Constitution Plazas in Hartford</i>
28.3	<i>Scenic bike path loop along the Connecticut River</i>
33.9	Stop & Shop Supermarket

www.ctbikeroutes.org

Ride description: **Wu-New057**

Route sheet: **RS-New057**

Ride submitted by: **Carol Marchion, 9/13/06 (updated 8/31/08)**