

# Duncaster Coaster

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **26.2 miles**

Elevation Gain: **655 feet**

Degree of Difficulty Index: **655 ft / 26.2 mi = 25.0 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **North Central Connecticut**

Starting Location (city/town): **Windsor**

Starting Location (detailed directions to): **Griffin Office Park, #2 Waterside Crossing, Windsor on the Bloomfield line. From I-91 Exit 38 follow Day Hill Road about 4 miles. Turn right on Blue Hills Rd (Rt. 187 North) at a traffic light; Waterside Crossing is the 2<sup>nd</sup> traffic light north of the Day Hill Road (formerly Prospect Hill Road) intersection. Turn right at the light and go right into #2 Waterside Crossing. Use the portion of the parking lot that is closest to the traffic signal at the intersection of Blue Hills Rd. (Rt. 187) and Waterside Crossing.**

Ride Description: **A very pleasant rolling ride through the Duncaster area of Bloomfield with nice views, including a trip through the Cigna Campus and the Gillette Ridge Golf Course.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
4.3	<i>Scenic park on the right</i>
5.8	<i>Bloomfield Reservoir #3 property</i>
7.5	<i>Great views of Metacomet Ridge and reservoir property</i>
13.9	<i>St. Thomas Seminary on the left</i>
14.4	<i>Begin the Gillette Ridge Golf Course and Cigna property tour (pay attention to the route sheet cues for the next 1.7 miles; it's easy to get off course touring this area)</i>
17.8	<i>Interesting silos</i>
18.8	<i>Historic mansion on the right</i>
22.0	<i>Scenic Park – great spot to stop for lunch or a snack</i>
24.2	<i>Nice view of the Farmington River</i>

**Note: The mileage cues on the route sheet commence from the portion of the #2 Waterside Crossing parking lot located closest to the traffic light at the intersection of Blue Hills Rd (Rt. 187) and Waterside Crossing**

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Ride description: **Wu-New056**

Route sheet: **RS-New056**

Ride submitted by: **Carol Marchion, 9/13/06 (updated 8/22/09 by DPS)**