

Mediterranean Lane Passage

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **41.8 miles**

Elevation Gain: **2328 feet**

Degree of Difficulty Index: **2328 ft / 41.8 mi = 55.71 ft/mi** Terrain: **Hilly**

Killer Hills: There are several long, steep hilly sections on the 8.8-mile stretch of Rt. 14 between Canterbury and Windham Center. This portion of the ride has little redeeming value (other than passing through Scotland) and detracts from the pleasure of the rest of the ride route.

Geographical Region: **Southeast Connecticut**

Starting Location (city/town): **Norwichtown (Norwich)**

Starting Location (detailed directions to): **I-395 Exit 14 CPL (directions assume you are heading north on I-395). At bottom of exit ramp at traffic light, turn left onto West Town Street and go under I-395. The CPL is immediately on your right before you get to the I-395 southbound on-ramp.**

Ride Description: This interesting ride passes some very scenic terrain in New London and Windham counties bounded by Norwichtown on the south, Canterbury on the northeast and Windham on the northwest. Among the villages and towns visited are Norwichtown, Baltic, Hanover, Canterbury, Scotland, Windham Center, South Windham, No. Franklin, Fitchville and Yantic. There are a myriad of forested areas, farm lands, river and stream crossings and little New England villages to enjoy on this ride.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.9	Norwichtown Green
6.3	Baltic village; Shetucket River crossing
9.0	Hanover village
21.2	Scotland; town green; general store
25.3	Windham Center; village green; good spot for a snack/lunch break; consider researching the "Battle of the Frogs, Windham, CT" via google (interesting story...historical marker commemorating the incident is located on the village green)
26.6	Shetucket River crossing
37.4	Fitchville village

Note: This ride has been abstracted from and is very similar to the "Eastern Connecticut Ride".

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Ride description: **Wu-New054**

Route sheet: **RS-New054**

Ride submitted by: **Vic LaBarre/DPS, 9/11/06 (updated 10/28/06)**