

# The Great American Ice Cream Ride

**NOTE:** This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team

Total Distance: **33.95 miles**      Elevation Gain: **1312 ft.**

Degree of Difficulty Index: **1312 ft / 33.95 mi = 39.1 ft/mi**      Terrain: **Rolling**

Killer Hills: **None: There are a couple lengthy, hilly sections on this ride**

Geographical Region: **Southeast Connecticut**

Starting Location (city/town): **Old Lyme**

Starting Location (detailed directions to): **Big Y parking lot, Rt. 1 in Old Lyme. Take I-95 Exit 70 (whether eastbound or westbound). If eastbound on I-95, at the end of the ramp turn left onto Rt. 1 & Rt. 156. At the 2<sup>nd</sup> light go right on the continuation of Rt. 1 (Rt. 156 goes straight here); the access road to the Big Y will be on your right in about 300 yards (traffic light). If westbound on I-95, at the end of the ramp go straight onto Rt. 1 south for 0.4 mile to the Big Y on the left (traffic light).**

Ride Description: **This ride is over classic biking terrain mostly in Old Lyme and Lyme w/ brief forays into East Haddam and Salem. It travels over several hilly sections and features visits to three of the areas best ice cream parlors. This is THE ride for those of you who don't feel fulfilled on a bike ride without an ice cream stop. Take your pick...they're all great.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	<i>Big Y parking lot; various stores; bathrooms in the Big Y</i>
2.9	<i>Hains Park at the south end of Rogers Lake on the right just after the turn onto Town Woods Rd</i>
6.4	<i>Tiffany Farm; large dairy cattle operation</i>
8.1	<i>Hamburg village</i>
15.0	<i>Salem Creamery</i>
20.3	<i>Small church at top of Grassy Hill Rd; great spot for a break; views</i>
23.8	<i>Hains Park at the south end of Rogers Lake; seasonal bathrooms</i>
29.0	<i>Black Hall Country Club on the left (excellent golf course)</i>
30.3	<i>Hallmark Ice Cream on the left</i>
31.6	<i>Enter Old Lyme village</i>
31.9	<i>Ice cream parlor on the left</i>
33.5	<i>Big Y parking lot; various stores; bathrooms in the Big Y</i>

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**Ride description: Wu-New043**

**Route sheet: RS-New043**

**Ride submitted by: Pete & Paula Ratchford/DPS, 9/7/06      (revised PAR 4/8/2020)**