

Aspetuck Saugatuck Reservoir Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **30.2 miles**

Elevation Gain: Estimated **1,600 feet**

Degree of Difficulty Index: **1,600 ft / 30.2 mi = 52.98 ft/mi** Terrain: **Rolling to Hilly**

Killer Hills: **Several long grades, but no killer hills**

Geographical Region: **Fairfield County**

City/Town: **Westport, Fairfield, Easton, Weston, and Redding**

Starting Location: **Coleytown Middle School, 255 North Ave. , Westport, off Rt. 15 Exit 42**

Ride Description: Tour three major reservoirs (Aspetuck, Hemlock, and Saugatuck) providing plenty of water views and forested scenery. The long grade up Rt. 58 is rewarded with a steady three-mile downhill on Newtown Turnpike. Directions: From Merritt Pkwy. Exit 42, head north on Rt. 57. Right at light on Lyons Plains Rd. Bear right on Coleytown Rd. Go one-half mile. Right on North Ave. Right into first driveway.

Notes: The route sheet includes a map. The "Mile" column on the route sheet shows distances in hundredths. Keep in mind that bicycle computers tend to be calibrated differently and that the distances shown on your computer may vary from those on the route sheet.

Note: Cross Highway at the beginning of the ride and Cross Highway after the food stop are two entirely different roads in two different towns (Westport and Redding respectively), although both happen to travel east-west.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
8.1	Connecticut Audubon Center on left: hiking and a nature center
8.6	Hemlock Reservoir straight ahead
11.1	Option to shorten the route to 15.4 miles by turning left on Rt. 136 South at traffic light
11.6-12.6	Aspetuck Reservoir on right
16.5	Redding Ridge Market on left: Food Stop
20.0-24.6	Saugatuck Reservoir and Centennial Watershed State Forest are on the left
22.1-22.8	Devil's Den, a Nature Conservancy property with 1,750 acres of land is on the right
25.5	Scenic gorge on the right with rapids and rocks; Trout Brook Valley with 1,000 acres of open space is on the left
30.1	Paul Newman lived in the house on the left at the corner of Coleytown Rd. and North Av.

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Ride description: Wu-New032

Route sheet: RS-New032

Ride submitted by: Tom Ebersold, 8-28-06, (updated 5-13-12)

Map by Robert Schwab