

Route 7 Roundabout

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **38 or 58 miles**

Elevation Gain: **Unknown**

Degree of Difficulty Index: **Not rated**

Terrain: The 38-mile route is rolling.
The 20-mile extension on the 58 mile route is hilly.

Killer Hills: **None that come to mind, but there are some steady climbs in the last 20 miles.**

Geographical Region: **Northwest Connecticut**

Starting Location (city/town): **Canaan (Falls Village)**

Starting Location (detailed directions to): **Housatonic Valley Regional High School, Warren Tpke., Falls Village, off Rt. 7 just north of Rt. 112**

Ride Description: **Beautiful tour of the northwestern countryside crisscrossing Route 7 with plenty of farm and forest views and a food stop in historic Sheffield, Mass.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Housatonic Valley Regional High School
24.5	Food Stop at Sheffield Market
53.0	<i>Historic Cornwall, including the famous covered bridge</i>

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Ride description: Wu-New031

Route sheet: RS-New031

Ride submitted by: Tom Ebersold and Mike Ceruzzi, 8-24-06