

Renate's Niantic Center School Ride (modified)

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by www.ctbikeroutes.org team

Total Distance: **29.8 miles**

Elevation Gain: **1346 feet**

Degree of Difficulty Index: **1346 ft / 29.8 mi = 45.16 ft/mi** Terrain: **Rolling to hilly**

Killer Hills: **None**

Geographical Region: **Southeast**

City/Town: **Niantic (East Lyme)**

Starting Location: **Samuel M. Peretz Park (formerly Bridebrook Park), Route 156 in Niantic just east of Rocky Neck State Park. Take I-95 Exit 72 (Rocky Neck Connector); at end with traffic light go left on Route 156 past the entrance to Rocky Neck State Park and then turn left into Samuel M. Peretz Park, just before the York Correctional facility.**

Ride Description: **This ride offers an alternate starting spot for the Renate's Niantic Center School ride when school is in session and parking at the school is not possible. Much of the first portion of the ride is over rolling terrain through a lesser traveled portion of Niantic and features some lake front riding past Pattagansett Lake. Hains Park at the south end of Rogers Lake is a great spot for a lunch or snack break (deli is across the way). During the 2nd half of the ride the route visits Rocky Neck State Park and finishes up with a tour of picturesque Giants Neck.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Bridebrook Park (bathrooms available)
2.9	Scott's Farm Store @ corner of Rt. 1 and N. Bridebrook Road
~ 6.1	<i>Views of Pattagansett lake</i>
8.1	Convenience store on right
13.3	<i>Hains Park @ south end of Rogers Lake (possible lunch/snack spot); views; del/grocery on left 0.1 mile farther along Route 1</i>
23.9	Rocky Neck State Park (bathroom & water available; concession stand open during summer); swimming (bikes not allowed on beach or boardwalk)
27.0	<i>Start tour of Giants Neck; views</i>

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Ride description: Wu-New012

Route sheet: RS-New012

Ride submitted by: Don Shildneck (5/22/06)