

## **The Hills & Dales Ride (The Spin Into Spring)**

Total Distance: **30.8 miles**

Elevation Gain: **1759 feet**

Degree of Difficulty Index: **1759' / 30.8 mi. = 57.11 ft/mi**

Terrain: **Hilly**

Killer Hills: **Grassy Hill Rd.**

Geographic Region: **Southeast Connecticut**

City/Town: **Waterford**

Starting Location: **I-395 Exit 2 CPL (Rt. 85) in Waterford**

Ride Description: **This challenging ride is over rolling to hilly terrain and passes through parts of Waterford, Salem and Lyme that aren't often ridden by bike clubs. The ride uses mostly back roads, although there is some riding on state roads with wide shoulders. Lunch (bring) can be enjoyed at a spot along Beaver Brook Road. While there are no particular *Points of Interest* on this ride, there is much to admire as you pass through the Connecticut countryside.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
	There is a dearth of facilities on this ride.

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