

Awaken the Sleeping Giant

Total Distance: **37.0 miles**

Elevation Gain: **1040 feet**

Degree of Difficulty Index: **1040 ft / 37.0 mi = 28.11 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **Southwest Connecticut**

City/Town: **Hamden**

Starting Location: **Sleeping Giant State Park parking area, Mt. Carmel Rd, Hamden (opposite Quinnipiac University)**

Ride Description: **This is "just a nice ride" over mostly flat terrain through sections of Hamden, Wallingford, Cheshire and Southington featuring many scenic views.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Sleeping Giant State Park</i>
0.8	Wentworth's ice cream on right
3.6	Blue Hills Farm: Orchard salesroom on left (seasonal)
15.1	Various facilities along Rt. 322 to the left and right
20.2	Convenience store on right
21.1	<i>Southington; suggested lunch/snack stop at gazebo on the green</i>
25.7	Convenience store on right just before traffic light
29.3	Notch Store: Convenience store & deli on right
34.0	<i>Start 2.5-mile ride on the Farmington Canal Greenway multi-use path (paved)</i>
37.0	<i>Sleeping Giant State Park</i>

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