

"Bob's Backroads Around Colchester", a.k.a "The Hebron Hustle"

Total Distance: **31.2 miles**

Elevation Gain: **1450 feet**

Degree of Difficulty Index: **1450' / 31.2 mi. = 46.41 ft/mi**

Terrain: **Rolling/Hilly**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

City/Town: **Hebron**

Starting Location: **Ted's Market (small shopping plaza), Rt. 66 in Hebron (0.3 miles east of Rt. 316 intersection)**

Special Directions: **Take Rt. 2, Exit 13 in Marlborough. Go east on Rt. 66 to Hebron. Cross Rt. 316 @ traffic light and continue 0.3 miles to Ted's Market plaza on the left**

Ride Description: **This is a neat roller coaster ride along pleasant back roads of Hebron, Lebanon and Colchester with a stop at Lake Williams. There's a 2.3 mile ride along the Air Line Rail Trail in Amston. The trail is hard packed stone dust and is ok for road bikes. The Colchester Green provides a great spot for lunch.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
---	Hebron: Various facilities along Rt. 66
0.7	<i>RHAM High School on the left</i>
10.7	<i>Lake Williams</i>
15.0	Colchester Bakery on left
15.1	<i>Colchester Green: Various facilities</i>
26.7	<i>Start 2.3 miles on Air Line Rail Trail. The Air Line Rail Trail is located in eastern Connecticut, and stretches more than 50 miles from near the Connecticut River to the Massachusetts border. It is divided into two sections. The South Section starts in East Hampton and ends in Willimantic, with the Colchester Spur branching into the center of the town of Colchester. The North Section continues from Willimantic to Thompson, and connects with the Massachusetts Southern New England Trunk Line trail. Portions of the trail are still undeveloped, but under the management of the Connecticut Department of Environmental Protection and the local municipalities that the trail passes through, the trail is an important link with the past and preserves open space for the future.</i>
31.2	Hebron: Ted's Market on right

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