

Circumnavigate the Giant

Total Distance: **32.2 miles**

Elevation Gain: **1536 feet**

Degree of Difficulty Index: **1536 ft / 32.2 mi = 47.70 ft/mi**

Terrain: **Rolling to hilly**

Killer Hills: **One short, steep hill on Jarvis Street**

Geographical Region: **Southwest**

City/Town: **Hamden**

Starting Location: **Sleeping Giant State Park parking area on Mt. Carmel Ave in Hamden. Mt. Carmel Ave. is off Rt. 10 (Whitney Ave) in the northeast part of Hamden. Sleeping Giant State Park is opposite Quinnipiac University.**

Ride Description: **This ride tours the wilder parts of northern Hamden and Cheshire over mostly rolling terrain. The suggested lunch/snack stop is at Quinnipiac Recreational Area in mid-ride. The Farmington Canal Trail is used on the return route.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Sleeping Giant State Park (bathrooms)</i>
12.5	<i>Broad Brook Reservoir (views)</i>
15.5	<i>Quinnipiac Recreational Area; suggested lunch/snack stop</i>
24.1	Notch Store with deli located where routes 68 and 70 split, 0.1 mile beyond turn onto Mountain Road (not directly on route)
26.0	<i>Start 5.5 mile ride on the Farmington Canal Linear Park multi-use trail</i>
32.2	<i>Sleeping Giant State Park (bathrooms)</i>

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