

## Suffield/Congamond Ride

Total Distance: **33.9 miles**

Elevation Gain: **879 feet**

Degree of Difficulty Index: **879 ft / 33.9 mi = 25.93 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **North Central Connecticut**

City/Town: **Suffield**

Starting Location: **Suffield Village shopping plaza parking area to the rear of the library (beside Highland Park Market) off Rt. 75 just north of the intersection with Rt. 168 in Suffield**

Ride Description: **This is a pleasant ride going generally west from Suffield over to the Congamond Lakes in Southwick, Massachusetts. You will get some neat views of the Suffield countryside on this ride.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	Highland Park Market; bathrooms
~2.5	<i>Suffield High School campus</i>
10.8	Convenience store at intersection on right
11.7	<i>Views of Congamond Lakes</i>
13.0	McDonald's and Millies Country Convenience on the right just before crossing Rtes. 10/202 @ traffic light
22.0	<i>Possible lunch/snack stop just after crossing under rail trail bridge; views of abandoned quarry to the rear just after crossing under bridge</i>
24.2	Convenience store across intersection
33.9	Highland Park Market; bathrooms

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