

Berkshire Byways

Total Distance: **32.0 miles**

Elevation Gain: **945 feet**

Degree of Difficulty Index: **945 ft / 32.0 mi = 29.53 ft/mi**

Terrain: **Flat/Rolling**

Killer Hills: **None**

Geographical Region: **Northwest Connecticut**

City/Town: **Canaan, CT**

Starting Location: **Stop & Shop Supermarket, Rte. 44, just east of Rte. 7 in Canaan**

Ride Description: **A very scenic countryside ride through the farmlands and valleys of the Southern Berkshires.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Stop & Shop Supermarket
1.0	Canaan Diner
9.7	<i>Appalachian Trail crossing</i>
11.7	<i>Shays' Rebellion Marker on right</i>
13.2	South Egremont, MA: Food, antiques
13.7	Deli on left
20.0	Sheffield Village; Store, deli
24.7	<i>Bartholomew's Cobble, a natural rock garden of ferns and rare wildflowers. Restrooms.</i>
31.8	Canaan: Various facilities
32.0	Stop & Shop Supermarket

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www.ctbikeroutes.org