

Lullaby on Music Mountain

Total Distance: **30.6 miles**

Elevation Gain: **2540 feet**

Degree of Difficulty Index: **2540 ft / 30.6 mi = 82.98 ft/mi**

Terrain: **Very hilly**

Killer Hills: **Two long, difficult climbs. The first is a gradual 2 mile climb to reach Music Mountain; the other is an exceptionally difficult and unrelenting 1.5 mile granny gear climb on Cream Hill Rd.**

Geographical Region: **Northwest Connecticut**

City/Town: **Salisbury**

Starting Location: **Scoville Library parking lot (in back of large church), Library St., east side of Route 44 and 41 (Main St.) in Salisbury. Scoville Library and the church are opposite the Town Hall.**

Ride Description: **This ride is a deviation of the "Scintillating Salisbury" ride, but takes a different (and exceptionally hilly) mid-ride route to Music Mountain, and then over the ridge and down to the Covered Bridge crossing the Housatonic River in West Cornwall. It is one of the most strenuous 30-milers on the website. While autumn sets the foliage ablaze, this area is worth viewing any time of the year.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Salisbury: Various facilities
5.4	<i>Lime Rock Park race track on right</i>
7.6	<i>Picnic area overlooking Housatonic Valley Authority hydroelectric power plant dam; portable toilet</i>
7.8	<i>Appalachian Trail</i>
12.8	<i>Music Mountain: picnic area.</i> <i>Music Mountain is the oldest continuing Summer Chamber Music Festival in the United States. Founded in 1930 as the permanent home of the Gordon String Quartet, Music Mountain's unique and beautiful campus on 132 acres in the Berkshire foothills is listed in the National Register of Historic Places.</i> <i>Music Mountain offers a marvelous setting for both the musicians and the audience. The centerpiece is Gordon Hall, one of the finest chamber music facilities in the country. With seating for 335 and legendary acoustics, Gordon Hall provides resonant and lovely sound, with views of the gardens, grounds and hills from every seat or from the lawn permitting listeners to savor music and nature as one. www.musicmountain.org</i>
19.8	West Cornwall: Cornwall Bridge (covered bridge), ice cream <i>West Cornwall's covered bridge is an excellent example of the town lattice truss, with its red-spruce timbers secured by a pair of treenails (slotted and wedged to hold them in place) at every intersection. For many years it was thought that this bridge was built in 1841 to replace one washed away in the flood of 1837, but recent research by Michael R. Gannett for the Cornwall Historical Society has shown that the correct date is 1864. The center pier supporting the middle of the bridge was probably reused from the earlier structure. One source gives 1887 as the date when a secondary queen-post truss was added, probably to stiffen the bridge, since wooden trusses had a tendency to sag.</i>
25.2	<i>Lime Rock Park race track on left</i>
30.6	Salisbury: Various facilities

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