Sandy's Salisbury to Lime Rock Ride

Total Distance: 29.9 miles Elevation Gain: 1603 feet

Degree of Difficulty Index: 1603 ft / 29.9 mi = 53.6 ft/mi Terrain: Rolling/Hilly

Killer Hills: None, but several moderately difficult climbs

Geographical Region: Northwest Connecticut

City/Town: Salisbury, Connecticut

Starting Location: Scoville Library parking lot, Rt. 44 & Library Street in Salisbury (just

beyond the Rt. 41 intersection heading west on Rt. 44)

Ride Description: This ride features spectacular mountain and valley views, and beautiful river stretches. Follow gentle, rolling paved roads with a few moderate down hills and several moderately difficult climbs. Highlights include Bartholomew's Cobble Nature Preserve, Beckley Furnace, and the Pfizer Limestone Quarry.

Facilities and *Points of Interest*:

Mile	Facilities - Points of Interest
0.0	Salisbury: Various facilities
8.3	Col. Ashley House: In 1735, young John Ashley designed and built a handsomely crafted
	house for himself and his new wife - a house that for years would be considered the finest
	in Sheffield. Open Memorial Day to Columbus Day.
8.6	Bartholomew's Cobble, a natural rock garden of ferns and rare wildflowers. Restrooms.
14.5	Beckley Furnace: one of three blast furnaces in operation along Lower Road and the
	Blackberry River in East Canaan during the period 1832-1923.
15.7	Pfizer Limestone Quarry; provided magnesium for Manhattan Project
22.2	Appalachian Trail
22.3	Picnic area overlooking Housatonic Valley Authority hydroelectric power plant dam;
	portable toilet
24.6	Lime Rock Speedway across Rt. 112
29.9	Salisbury: Various facilities

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