

Durham Loop

Total Distance: **28.5 miles**

Elevation Gain: **1556 feet**

Degree of Difficulty Index: **1556 ft / 28.5 mi = 54.60 ft/mi**

Terrain: **Rolling/hilly**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Durham**

Starting Location: Coginchaug Regional High School parking lot, Durham. From Route 17 in the center of Durham, just north of Route 68, turn east onto Maiden Lane. Follow for 0.4 miles and turn right onto high school access road (sign). High school parking lot is about 0.25 miles on the left (up a little hill) beside the high school.

Note: Parking will be limited near the school if it is in session. However, there is ample parking available on the access road in from Rt. 17 near the tennis courts or athletic fields.

Ride Description: This ride travels over some less familiar country and back roads on mostly rolling terrain (with a few hilly sections) through Durham, Middletown & Middlefield and features visits to Wadsworth State Park and a lunch/snack stop at Lyman Orchards farm store.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Coginchaug Regional High School
4.7	<i>Wadsworth Falls on the right (after the RR tracks); worth stopping to take a look</i>
6.0	<i>Wadsworth State Park on the right; bathrooms available</i>
9.2	<i>Long Hill Condominium</i>
13.3	<i>Lyman Orchards farm store; deli, beverages, farm produce and bathrooms available; duck pond (views)</i>
21.1	<i>Whirlwind Hill Road – nice downhill</i>
21.8	<i>Pistapaug Pond on right</i>
21.9	<i>Paug Gap and Mattabesett Trail crossing</i>
24.3	<i>Another great downhill on Parmelee Hill Rd</i>
27.4	<i>Durham Green; Durham Town Hall; Durham Public Library</i>
27.6	<i>Durham Fair Grounds in the valley to the left</i>
28.5	Coginchaug Regional High School

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