Farmington Valley Easy Rider #1

Total Distance: **29.8 miles** Elevation Gain: **871 feet**

Degree of Difficulty Index: 871 ft / 29.8 mi = 29.23 ft/mi Terrain: Flat to rolling

Killer Hills: None

Geographical Region: North Central

City/Town: Farmington

Starting Location: Brickyard Road rail trail parking about 1 mile from Rt. 4 in Farmington; Brickyard Road is about 2 ½ miles west of Farmington Center @ the Wood 'N Tap Restaurant (traffic light).

Note: This is a very popular parking area for the multi-use trail and parking is apt to be somewhat limited, especially on weekends. Please plan accordingly.

Ride Description: This is an easy ride through the Farmington River Valley with many stretches of pleasant scenery. Ride along sections of the rail trail; along the Farmington River and over about 1 ½ miles of dirt path (ok for road bikes) through the woods; visit Stratton Brook State Park; view Connecticut's largest sycamore tree; ride along the base of Talcott Mt. with views of Heublein Tower.

Facilities and Points of Interest:

Mile	Facilities - Points of Interest
0.0	Start 1.7-mile section of the rail trail (multi-use)
6.0	Many stores @ the intersection of Rtes. 167 & 44
8.4	Start short stretch on dirt path
10.1	Start another section of dirt path into and through Stratton Brook State Park
10.4	Covered bridge (take a break); water and bathrooms available (seasonal)
12.4	Bridge over the Farmington River (views)
12.6	Start 2-mile section of paved bike path
18.9	Pinchot Sycamore: small park with the largest sycamore tree in Connecticut; great lunch/snack break spot
19.0	Start 3-mile ride along the base of Talcott Mt; police firing ranges; two golf courses; views of Heublein Tower
24.8	Fisher Meadow Park; bathrooms; picnic tables

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