

The Best of Hamden

Total Distance: **37.0 miles**

Elevation Gain: **2500 feet**

Degree of Difficulty Index: **2500 ft / 37.0 mi = 67.53 ft/mi**

Terrain: **Very hilly**

Killer Hills: **None...but there are several quite hilly sections**

Geographical Region: **Southwest**

City/Town: **Hamden**

Starting Location: **Sleeping Giant State Park parking area, Mt. Carmel Road in Hamden (opposite Quinnipiac University)**

Ride Description: **This is a very pretty ride over mostly rolling terrain with a few hilly sections along the way. Locations visited are the scenic Baldwin Drive, West Rock Ridge State Park, West Rock Nature Center and part of the Farmington Canal Greenway. There are limited places to purchase lunch along the way...so it's best to bring your snacks and/or lunch.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Sleeping Giant State Park; Quinnipiac University is across the way</i>
6.1	<i>Start 5.6-mile ride on Baldwin Drive, an abandoned road running along the top of West Rock Ridge in the West Rock Ridge State Park (outstanding views, but watch for broken glass @ outlooks)</i>
11.3	<i>Air vent for Rt. 15 tunnel (on the right)</i>
13.0	<i>South Overlook (special views)</i>
14.7	<i>West Rock Nature Center</i>
35.2	<i>Begin 2.3-mile ride on the Farmington Canal Greenway multi-use path</i>
37.0	<i>Sleeping Giant State Park; Quinnipiac University is across the way</i>

www.ctbikeroutes.org

**Wu-IL016 abb
DLB99236**

