

Bike Paths & Historic Districts

Total Distance: **33.3 miles**

Elevation Gain: **475 feet**

Degree of Difficulty Index: **475 ft / 33.3 mi = 14.26 ft/mi**

Terrain: **Flat**

Killer Hills: **None**

Geographical Region: **North Central Connecticut**

City/Town: **Suffield**

Starting Location: North end of the Windsor Locks Canal Path at the end of Canal Road in Suffield. From I-91 Exit 47W (don't take Exit 47 E) and go west on Route 190 across the Connecticut River to traffic light. Turn left on Rt. 159 south and in 0.2 mile turn left onto Canal Road. Follow to end and parking area near the river.

Ride Description: This is a mostly flat ride that starts and ends at the north end of the Windsor Locks Canal Path and travels through sections of Suffield, East Windsor, South Windsor and Windsor. It passes through the South Windsor and Windsor historic districts, and the Loomis Chaffee School campus. A suggested lunch/snack stop is at Bart's Restaurant near the Farmington River.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Start of 4.5-mile ride on the Windsor Locks Canal Path with views of the old Windsor Locks Canal and the Connecticut River</i>
4.5	<i>Warehouse Point Bridge across the Connecticut River</i>
5.4	<i>Volunteer Park on the right</i>
5.5	<i>Windsor Water Pollution Control facility on left</i>
12.0	<i>Start of 3.7- mile ride on Main Street (South Windsor Historic District); beautiful old homes</i>
15.7	<i>Start 1.4-mile ride on the Captain John Bissell Bridge bike path over the Connecticut River</i>
17.1	<i>Park-like scene on the west side of the river; take a break; enjoy a snack</i>
20.1	<i>Loomis-Chaffee School campus</i>
20.6	<i>Start of one-mile ride on bike path beside the Farmington River to Pleasant Street Park</i>
21.4	Bart's Restaurant; suggested lunch/snack stop
21.4+	<i>Windsor Historic District; beautiful old homes</i>

www.ctbikeroutes.org

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