

## Carol's Newgate-to-the-Lake Ride

Total Distance: **30.2 miles**

Elevation Gain: **1162 feet**

Degree of Difficulty Index: **1162 ft / 30.2 mi = 38.48 ft/mi**

Terrain: **Rolling**

Killer Hills: **None**

Geographical Region: **North Central Connecticut**

City/Town: **Simsbury**

Starting Location: **International Skating Center of Connecticut, 1375 Hopmeadow Street (Routes 10 & 202) near the Wagner car dealership in northern Simsbury**

Ride Description: **This ride travels over mostly rolling terrain through sections of Simsbury, Granby, East Granby, Suffield and Southwick, Massachusetts. It features a visit to Old Newgate Prison and a pretty lunch/snack stop overlooking Congamond Lakes. Other points of interest include the McLean Game Refuge, an abandoned stone quarry and lots of varied farmlands**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	<i>International Skating Center of Connecticut, bathrooms, water, snack bar, skaters</i>
0.4	Convenience store on right
4.4	Super Stop & Shop
4.9	<i>Imperial Nurseries</i>
9.5	<i>Old Newgate Prison (views); bathrooms and water available if visitor center is open</i>
10.5	<i>Golf course</i>
13.9	Convenience store @ Ebb's Corner
15.6	<i>Park overlooking Congamond Lakes; suggested lunch/snack stop @ pavilion; bathrooms</i>
17.0	<i>Edgewood Country Club</i>
19.0	<i>Views of Congamond Lakes</i>
21.4	<i>Views of abandoned quarry straight ahead</i>
25.5	<i>Salmon Brook overlook on right just before crossing Route 20</i>
28.9	<i>Simsbury Tri-Town Airport on left</i>
30.2	<i>International Skating Center of Connecticut, bathrooms, water, snack bar, skaters</i>

**[www.ctbikeroutes.org](http://www.ctbikeroutes.org)**

Wu-IL010 abb  
DLB98136