

Bobbie's Cromwell to Lyman Orchards Ride

Total Distance: **33.0 miles**

Elevation Gain: **2364 feet**

Degree of Difficulty Index: **2364 ft / 66.0 mi = 78.80 ft/mi**

Terrain: **Very hilly**

Killer Hills: **This is a very hilly ride with several significant killer hills**

Geographical Region: **South Central Connecticut**

City/Town: **Cromwell**

Starting Location: **The Shops at Cromwell Square (K-Mart Plaza), Rt. 9 Exit 27 in Cromwell... near the Citizen's Bank at the north end of the parking lot**

Ride Description: **This is a challenging ride over mostly hilly terrain with a few serious hills along the way. The ride starts in Cromwell, passes through portions of Berlin and Middletown en route to Lyman Orchards in Middlefield. There are fine views of the Powder Ridge Ski Area, Lymans Orchards and the Coginchaug River Valley from Powder Hill Road. The suggested lunch/snack stop is at the Lyman Orchard farm store.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Various stores @ the K-Mart Plaza
3.2	East Berlin: Convenience store
4.3	<i>Aetna Insurance - Middletown facility on left</i>
6.5	<i>Connecticut Department of Public Safety (State Police) across Country Club Road to the right</i>
7.8	<i>Views of Mount Higby to the right</i>
11.0	<i>Indian Springs Golf Club</i>
~11.8	<i>Powder Hill Dinosaur Park on right; fossilized dinosaur foot prints</i>
12.7	<i>Views of Powder Ridge ski area to the west, Lyman Orchards, the Coginchaug River Valley to the east</i>
16.1	<i>Lyman Orchards farm store (views); bathrooms, deli, farm produce</i>
18.0	<i>Views of Powder Ridge ski area to the west, Lyman Orchards, the Coginchaug River Valley to the east</i>
24.7	<i>Miner Falls @ bottom of short hill (it's a short walk, but take a look)</i>
27.5	<i>Fine views of Metacomet Ridge to the west and northwest at top of hill on Atkins Street. On a clear day, Mt. Tom in Holyoke Massachusetts can be seen to the north.</i>
33.0	Various stores @ the K-Mart Plaza

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