

Bethlehem & the Three Berries (Southbury, Woodbury & Middlebury)

Total Distance: **32.1miles**

Elevation Gain: **2216 feet**

Degree of Difficulty Index: **2216 ft / 32.1 mi = 69.03 ft/mi**

Terrain: **Very hilly**

Killer Hills: **Two very difficult hilly stretches**

Geographical Region: **Northwest Connecticut**

City/Town: **Southbury**

Starting Location: **I-84 Exit 16 CPL @ jct. of Rt. 188 and Old Waterbury Road; from I-84 Exit 16; go right on Rt. 188 (Patty's Pantry will be on the right almost immediately). Go left @ the traffic light (across from Patty's Pantry) onto Old Waterbury Rd. CPL is on the immediate left after your turn.**

Ride Description: **This scenic ride is over mostly rolling terrain with two steeply hilly sections...one as you climb up to Bethlehem (~ 9.0 mi. to 12.8 mi.) and the other towards the end of the ride as you depart Southbury (29.2 mi.) and go up and over a ridge to the CPL (32.1 mi.). Having gotten the discussion of the hills out of the way, the balance of the ride is simply outstanding...lots and lots of very scenic rural farmland and forested vistas over sparsely traveled roads. The suggested lunch/snack stop is in Bethlehem where there is a grocery store (14.7 mi) from which to obtain provisions. Bethlehem Green @ 14.3 mi. is another great stopping place if you don't need to purchase things at the store. See below for other Points of Interest on this very fine, but hilly ride.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.1	Patty's Pantry
3.4	<i>Beautiful and expansive (and expensive) stone walls surrounding an estate</i>
10.7	<i>Paradise Valley Farm; this is a fish hatchery for Brook, Brown, Golden & Rainbow Trout</i>
14.3	<i>Bethlehem Green</i>
14.7	Grocery store on the right
16.2	<i>Abbey of Regina Laudis crèche on the left</i>
16.4	<i>Abbey of Regina Laudis on the left; it is a monastery of contemplative Benedictine women living in union with the Roman Catholic Church and following the Rule of St. Benedict according to the Primitive Observance</i>
20.7	<i>Village of Hotchkissville</i>
28.0	<i>Heritage Village, an upscale, adult condominium community</i>
29.2	<i>Southbury main drag; traffic</i>

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