## The Connecticut River Estuary Ride

Total Distance: 28.5 miles Elevation Gain: 1192 feet

Degree of Difficulty Index: 1192 ft / 28.5 mi = 41.82 ft/mi Terrain: Rolling

Killer Hills: None

Geographical Region: South Central Connecticut

City/Town: Chester

Starting Location: Rt. 9 Exit 8 CPL (Rt. 148) in Chester

Ride Description: This ride passes over some less familiar terrain in Chester en route to Deep river and Essex. Later it shoots down toward Westbrook (but doesn't quite make it to the center of town) before heading back to Ivoryton. The ride up to this point is flat to rolling, but afterwards it requires negotiating a couple hilly sections (builds character) before passing on to a mostly downhill 5-mile return to the CPL.

Facilities and Points of Interest:

Mile	Facilities - Points of Interest
2.8	Deep River Green
~3.1	Begin 3.5 mile tour along the Connecticut River with special views
8.2	Essex business district
8.3+	Public bathrooms in park beside post office and NewAlliance Bank on right
8.6	Connecticut River Museum; town boat launch; town dock/pier (views)
14.4	Westbrook High School & Middle School on right
20.0	Ivoryton; possible lunch/snack stop @ park with gazebo on the left (no place to purchase
	food)
22.0	Winthrop section of Deep River (don't blink or you'll miss it)
26.0	Entrance to Chester Airport on right

Note: There are several places in Deep River (2.8) and Essex (8.2) where food and beverages can be purchased.

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