

# Easing Past Essex Meadows Ride

Start: Rt. 9 Exit 8 CPL (Old Exit 6) (Rt. 148) in Chester

**NOTE:** This route sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team

Ride Write-up: wu-new246

[www.ctbikeroutes.org](http://www.ctbikeroutes.org)

Mile	Dir	Road Info/Description
0.0	O	<i>Start</i>
0.0+	R	Out of CPL onto Rt. 148
0.6	R	Spring St (opposite gas station)
0.7	ST	Cross Bokum Rd TCO Spring St
1.0	R	@ SS onto Straits Rd >> Union St at Deep River town line
2.5	X	Rt. 80 (Elm St) @ SS TCO Union St
2.9	ST	@ TL blend onto Rt. 154 south
5.0	R	@ TL onto Main St
5.0+	QL	@ TL Onto Westbrook Rd
5.9	X	Rt. 153 @ TL to Bokum Rd
8.6	R	@ end w/ SS on Rt. 154 (traffic)
8.9	R	Connally Dr >> Mill Rock Rd
10.2	L	@ end w/ SS on Ingham Hill Rd
10.5	ST	After I-95 onto Elm St (Ingham Hill Rd goes right here)
11.1	R	Lynde St (opp. entrance to mall)

Mile	Dir	Road Info/Description
16.0	L	Off path onto Old Post Rd
<b>Note: Using sidewalk (above) precludes having to make left turns at 2 traffic lights...a safer route</b>		
16.7	X	Rt.1 @TL onto School House Rd
19.6	L	Pettipaug Rd
20.2	L	@SS onto Rt. 153 (careful crossing)
20.5	R	McVeagh Rd
21.6	R	@ end onto Pond Meadow Rd
22.6	BR	@ fork on E. Pond Meadow Rd (W. Pond Meadow Rd bears left)
24.2	R	@ SS TCO E. Pond Meadow Rd (Dennison Rd goes left here)
25.2	ST	TCO Pond Meadow Rd
26.0	ST	TCO Main St
26.7	O	<i>Rest @ gazebo in park on left</i>
26.7+	L	N. Main St (uphill) >> Warsaw Rd @ town line (top of hill)

Mile	Dir	Road Info/Description
11.2	X	Rt. 1 @ TL onto Pennywise Lane (careful crossing)
11.6	ST	Cross Old Boston Post Rd @ SS TCO Pennywise Lane
11.8	R	@ end w/ SS on Rt. 154 (Main St)
12.1	R	@ TL onto Maple Ave
13.4	X	Rt. 154 onto Town Beach Rd
13.6	L	Mohican Rd
13.7	R	@ end w/ SS onto Hartlands Dr
13.8	O	<i>Cornfield Point: nice views</i>
13.8+	R	Pratt Rd
13.9	L	Billows Rd
14.0	R	@ end w/ SS on W. Shore Dr
14.1	ST	TCO Town Beach Rd (against one-way traffic)
14.2	R	@ end to Rt. 154 intersection
14.2+	L	@ end w/ SS on Rt. 154 (traffic)
15.9	L	@ end before SS onto sidewalk & path, to avoid Rt. 1 traffic

Mile	Dir	Road Info/Description
28.7	R	@ SS onto Rt. 80 (W. Elm St)
29.7	L	W. Bridge St (part way down hill after right hand bend – careful)
30.3	L	@ SS on Union St >> Straits Rd
31.6	L	@ end w/ SS onto Rt. 148 (traffic)
32.5	L	Into CPL
32.5+	O	<i>Finish</i>
<b>Key:</b>		
O = Start, End, Regroup		X = Cross
L = Left Turn		R = Right Turn
BL = Bear Left		BR = Bear Right
QL = Quick Left		QR = Quick Right
ST = Straight		TCO = To Continue On
SS = Stop Sign		RD = Reverse Direction
TL = Traffic Light		n/s = no street sign
>> = road name becomes		