The Bike Shop's Strong Road Morning Ride Start: Bike Shop, 199 Strong Road, South Windsor
NOTE: This route sheet may not have been checked for accuracy by the www.ctbikeroutes.org team Ride Write-up: Wu-New220
www.ctbikeroutes.org

| Mile | Dir | Road Info/Description |
| :---: | :---: | :--- |
| 0 | L | Depart Bike Shop Parking lot |
| 0.5 | L | @ SS Main Street |
| 2.7 | L | @ SS Chapel Road |
| 3.2 | ST | @ TL X Rte 5 TCO Chapel Rd |
| 4.3 | ST | @ TL TCO on Chapel Rd |
| 5.1 | L | @ SS Clark Street |
| 5.6 | ST | @ SS TCO Clark Street |
| 7.0 | L | @ SS TCO Clark Street |
| 7.2 | L | @ TL Ellington Road |
| 7.5 | R | Pierce Road |
| 8.3 | L | @ SS Strong Road |
| 9.3 | R | @ SS West Road |
| 9.9 | R | @ SS Sullivan Ave. |
| 10.1 | L | @ TL Troy Road |
| 10.3 | R | Brookfield Street |
| 11.1 | R | Griffin Road |
| 12.0 | L | @ SS Graham Road |


| Mile | Dir | Road Info/Description |
| :---: | :---: | :--- |
| 29.5 | L | @ SS Strong Road |
| 30 | R | The Bike Shop |
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| Mile | Dir | Road Info/Description |
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|  |  |  |
| 13.0 | ST | Merges into Miller Road |
| 13.7 | ST | Merges into Wapping Road |
| 13.8 | ST | @ SS >> Thrall Road |
| 14.1 | BR | Middle Road |
| 15.7 | L | @ SS Abbott Road |
| 16.3 | R | @ SS Frog Hollow Road |
| 17.4 | L | @ SS Tomoka Ave |
| 17.6 | ST | @ TL Job's Hill Road |
| 18.4 | L | @ FL Muddy Brook Road |
| 19.7 | R | @ SS Sadds Mill Rd (Rte 140) |
| 20.1 | L | Broad Brook Rd >> Depot St |
| 22.6 | L | @ TL Main Street |
| 22.7 | R | Mill St (Rte 191) >> Scantic Rd |
| 24.6 | ST | TCO Scantic (Wells goes R) |
| 25.0 | ST | @ Double SS TCO Scantic |
| 27.7 | L | @ TL John Fitch (Rte 5) |
| 28.4 | R | @ TL Sullivan Ave |
| 28.5 | L | @ SS Main Street |


| Mile | Dir | Road Info/Description |  |
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| Key: |  |  |  |
| O = Start, End, Regroup |  |  |  |
| L = Left Turn | R = Cross |  |  |
| BL = Bear Left | BR = Bear Right |  |  |
| QL = Quick Left | QR = Quick Right |  |  |
| ST = Straight | TCO = To Continue On |  |  |
| SS = Stop Sign | RD = Reverse Direction |  |  |
| TL = Traffic Light | n/s = no street sign |  |  |
| >> = road name becomes |  |  |  |

