

# An Essex "Over-the-Bridge" Ride to Old Lyme

Start: Rt. 9 Exit 3 CPL (Rt. 154) in Essex

NOTE: This route sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team

Ride Write-up: Wu-New214

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Mile	Dir	Road Info/Description
0.0	O	Start
0.0+	L	Rt. 154 (careful turn; traffic)
1.7	L	Watrous Point Rd (careful turn)
2.2	BR	Azalea Way
2.3	L	@ end w/ SS on Otter Cove Rd
2.5	L	River Edge Rd
2.8	L	@ end w/ SS rejoin Otter Cove
3.5	ST	>> Ayers Point Rd (enters left)
4.0	L	@ end w/ SS on Essex Rd
4.6	R	Bike & pedestrian path over the Baldwin Bridge
5.6	R	@ end of path w/ TL on Rt. 156
6.1	R	Ferry Rd to DEP Hdq; continue to end of board walk
7.0	O	Views of CT River and marshes
-	RD	Retrace to Rt. 156

Mile	Dir	Road Info/Description
-	R	TCO Seaside Lane
13.3	QL	New Britain Rd
13.5	L	Howard Rd
13.5	R	White Sands Beach Rd
13.6	R	@ end w/ SS on Old Shore Rd
14.1	R	@ end w/ SS on Rt. 156
14.9	L	Cross Lane
15.3	L	@ end w/ SS on Mile Creek Rd
16.3	BL	@ SS TCO Mile Creek Rd
17.0	L	Buttonball Rd
18.4	R	@ SS on Rt. 156
19.6	R	Sharply on Mile Creek Rd
20.4	L	On Whippoorwill Rd
23.7	L	@ end w/ SS on Rt. 1
25.0	R	@ TL TCO Rt. 1
25.7	ST	@ TL on bike path over bridge

Mile	Dir	Road Info/Description
7.8	R	@ end w/ SS on Rt. 156
8.9	R	Noyes Rd
8.9+	QR	Frontage Rd
8.9++	L	@ end on Caulkins Rd
9.1	L	@ end on Dewitt Rd
9.2	L	@ end on Katherine Rd
9.4	L	@ end on Frontage Rd
9.4+	R	Noyes Rd
9.5	R	@ end w/ SS on Rt. 156
9.8	R	Smith's Neck Rd to end
10.7	O	Boat launch and interpretive display on platform
-	RD	Retrace out to Rt. 156
11.5	R	@ SS on Rt. 156
12.5	BR	Old Shore Rd
12.9	R	White Sands Beach Rd (pillars)
13.2	L	@ end on Seaside Lane
13.2+	O	Gazebo (views)

Mile	Dir	Road Info/Description
26.8	L	@ end of path on Essex Rd
27.8	BL	VFW Highway
27.9	L	@ SS on Rt. 154
28.6	R	Bokum Rd
31.3	R	@ TL on Rt. 153
32.2	R	@ TL on Rt. 154
32.3	QL	Into CPL
32.3+	O	Finish
<b>Key:</b> O = Start, End, Regroup      X = Cross L = Left Turn                  R = Right Turn BL = Bear Left                BR = Bear Right QL = Quick Left              QR = Quick Right ST = Straight                TCO = To Continue On SS = Stop Sign               RD = Reverse Direction TL = Traffic Light            n/s = no street sign >> = road name becomes		