

Folks on Spokes – 40 Mile Route

Start: Fowler Field, Wilcox Park, rear Public Library, downtown Milford

NOTE: This route sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Ride Write-up: Wu-New197

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start
0.0+	L	Wilcox Park access road, east exit
0.2	R	Harborside Drive (n/s)
0.3	L	@ SS on Bedford Ave (n/s)
0.4	R	Gulf Rd (n/s) >> Welch's Pt Rd
1.6	R	Point Lookout...loop & retrace
2.1	R	@ SS on Welch's Point Rd
2.3	R	Milesfield Ave
2.4	L	@ SS Bayshore Dr >> Melba St
3.2	R	@ TL on Platt St...follow to end
3.4	L	@ end on Morehouse Ave and...
3.4	QR	Virginia St
3.5	L	@ end on Point Beach Rd
3.9	L	Earle St...follow to end
4.0	R	@ end on Atwater St (n/s)
4.1	R	Melba St >> Edgefield Ave

Mile	Dir	Road Info/Description
7.46	L	Wall St (n/s) @ playground
7.53	R	Hawley Ave
7.76	L	>> Anderson Ave @ bend
7.80	R	@ TL New Haven Ave (Rt. 162)
8.0	R	Ocean Ave @ rotary (Rt. 162 goes left) >> Captain Thomas Blvd
11.2	R	@ SS on Washington Ave
11.3	L	Beach St @ bend
12.0	L	2 nd Avenue
12.1	L	Middle St
12.2	L	@ end w/ SS on 3 rd Ave Ext
12.3	R	@ end w/ SS on Beach St (n/s)
13.0	R	@ SS on Washington Ave
13.1	L	@ SS on Capt Thomas Blvd >> Ocean Ave
16.3	L	New Haven Ave (Rt. 162)
16.5	R	@ TL on Anderson Ave

Mile	Dir	Road Info/Description
4.5	R	@ TL on Yale Ave
4.6	BR	@ flagpole TCO Yale Ave
4.7	R	@ SS onto Ridgewood Dr
4.9	L	@ end on Little Pond Rd
4.9+	L	@ end w/ SS on Morningside Dr; follow along shoreline to end
5.4	L	@ end onto Norwood Ave
5.5	BR	@ SS on Ridgewood Dr
5.5+	R	@ SS onto Edgefield Ave
5.5+	QR	South St
5.6	L	Hillside Ave
6.0	R	@ SS on Merwin Ave
6.4	BR	Abigail St @ large restaurant
6.4+	R	TCO Abigail St (Mark St goes L)
6.6	R	@ end w/ SS on Mark St
6.6+	L	@ end on King's Hwy (n/s)
6.7	R	Beach Ave; follow along shore

Mile	Dir	Road Info/Description
17.0	ST	@ TL X Merwin Ave TCO Anderson Ave >> Woodmont Rd >> Roses Mill Rd @ SS
18.4	Look	X under I-95
19.0	ST	@ TL X Rte. 1 to Red Bush Lane
19.5	L	@ end w/ SS Woodruff Rd (n/s)
		(Continued on page 2)

Key:

O = Start, End, Regroup X = Cross
 L = Left Turn R = Right Turn
 BL = Bear Left BR = Bear Right
 QL = Quick Left QR = Quick Right
 ST = Straight TCO = To Continue On
 SS = Stop Sign RD = Reverse Direction
 TL = Traffic Light n/s = no street sign
 >> = road name becomes

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19.9	ST	@ SS X Burnt Plains Rd/Old Tavern Rd TCO Woodruff Rd
20.5	ST	X Orange @ SS TCO Woodruff
20.9	R	@ end w/ SS on North St (Rt. 121) >> Grassy Hill Rd
21.5	L	@ TL on Derby Milford Rd
22.2	Look	Rt. 15 (Wilbur Cross Pkwy)
23.2	L	@ SS on Wheelers Farm Rd
26.4	Look	Pass under Rt. 15
27.3	L	Fresh Meadow Lane (don't miss)
28.0	R	@ end w/ SS West River St (n/s)
28.4	Look	Cross above I-95
28.6	ST	>> Meadow St (W. River goes L)
29.1	ST	@ TL X Rt. 1 TCO Meadow St
29.2	ST	@ SS X Maple (n/s) TCO Meadow
29.3	L	@ end w/ SS Housatonic Av (n/s)
29.4	R	@ end w/ SS on W. Main St

Mile	Dir	Road Info/Description
-	RD	Retrace on Milford Point Rd >> Seaview Ave >> Broadway
35.8	ST	@ SS X Naugatuck Ave to E. Broadway
36.1	L	@ end on Viscount Dr
36.3	R	@ SS on Monroe St (n/s)
36.6	L	Pumpkin Delight (n/s) @ bend
37.0	R	@ TL on Meadowside Rd
37.9	R	@ TL on Robert Treat Pkwy >> Surf Ave
38.3	R	@ SS on E. Broadway to Silver Sands State Park
38.9	O	Silver Sands Beach
-	RD	Retrace on E. Broadway
39.5	R	@ SS on Surf Ave (n/s) and...
39.5+	L	@ end on Shell Ave
39.7	R	@ end w/ SS Seaside Ave (n/s)

Mile	Dir	Road Info/Description
29.4+	ST	X High St TCO W. Main St
29.7	L	W. Town St >> Beardsley Ave
30.1	R	S. Broad St and...
30.1+	QL	Osborne St (n/s) (don't miss)
30.2	X	Bridgeport Ave to Seaside Ave
30.5	R	Meadowside Rd
30.7	ST	@ TL X Robert Treat Pkwy TCO Meadowside Rd
31.7	BL	@ SS on Meadows End Rd >> Milford Point Rd
32.7	ST	X Naugatuck Ave TCO Milford Point Rd
33.4	R	Court St (@ tennis court)
33.5	L	3 rd Avenue
33.7	R	@ SS on Milford Point Rd (n/s)
33.9	R	@ SS TCO Milford Pt Rd (Seaview Ave goes L) to Audubon Center
34.3	O	Connecticut Audubon Center

Mile	Dir	Road Info/Description
39.8	L	Trumbull Ave @ bend
40.0	L	Rogers Ave (Dead End sign)
40.6	ST	>> Lafayette St (Pond goes R)
40.8	R	Broad St (Rt. 162)
41.3	R	Shipyards Lane (just past library)
41.6	O	Finish @ Fowler Field

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