

Saybrook Point to Essex Loop

Start: Saybrook Point, Rt. 154 (College Rd), Old Saybrook

NOTE: This route sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Ride Write-up: Wu-New176

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start
0.1	L	@ SS on Rt. 154 (Bridge St) and cross causeway
0.9	L	Nibaug Rd (careful turning) to commence tour of Fenwick
1.1	R	Fenwick Ave (go to end)
1.3	R	@ end on Pettipaug Ave
1.5	R	1 st R on Pattaquasset Ave
1.5+	R	@ end w/ SS on Agawam Ave
1.8	L	@ bend on Mohican Ave
1.8+	R	@ bend on Neponset Ave
2.0	L	@ end on Sequassen Ave >> Nibaug Rd @ SS
2.5	L	@ end w/ SS on Rt. 156
4.0	L	East Lane (careful turn) and...
4.0+	QR	Sea Lane
4.3	L	@ end w/ SS on Hartland Dr

Mile	Dir	Road Info/Description
10.4	BL	>> Connolly Dr @ bend
11.0	L	@ end w/ SS on Rt. 154
11.3	L	Bokum Rd (careful making turn)
14.0	R	@ TL on Rt. 153
15.0	ST	@ TL X Rt. 154 onto West Ave
15.5	BR	TCO West Ave (to Essex Village)
15.7	R	Main St and thru village center
16.1	O	Essex town dock; lunch; views
-	RD	Retrace out on Main St
16.2	R	Ferry St
16.3	L	>> Pratt St @ bend
16.6	R	@ end w/ SS on N. Main St
17.0	R	New City Rd
17.2	L	Onto Riverview St @ bend
17.4	R	@ end on Foxboro Rd (to end)
17.6	Look	Windmill on the right
17.8	RD	Retrace out on Foxboro Rd

Mile	Dir	Road Info/Description
4.4	O	Views @ Cornfield Point
-	R	Pratt Rd
4.5	QL	Billows Rd
4.6	R	W. Shore Dr >> Town Beach Rd @ one-way against sign (ignore)
4.8	R	@ bend TCO Town Beach Rd
4.8	L	@ end w/ SS on Rt. 156
6.4	L	Just before SS on sidewalk beside Old Boston Post Rd & Rt. 1
6.6	L	Old Post Rd
7.0	L	Sea Lane (2 nd left)
7.5	R	Red Bird Trail
7.6	R	Mohican Trail (3 rd right)
7.8	R	@ end on Nehantic Trail
8.2	R	@ SS on Old Post Rd
8.6	ST	@ TL X Rt. 1 on Ingham Hill Rd
9.4	L	@ SS on Elm St
9.7	R	Mill Rock Rd

Mile	Dir	Road Info/Description
18.2	ST	>> Maple Ave (Riverview goes L)
18.6	L	@ end w/ SS on N. Main St
18.8	R	Grove St
19.1	L	@ end w/ SS on West Ave
19.2	BR	TCO West Ave and...
19.3	QR	S. Main St @ Champlain Sq

(Continued on page 2)

Key:

O = Start, End, Regroup	X = Cross
L = Left Turn	R = Right Turn
BL = Bear Left	BR = Bear Right
QL = Quick Left	QR = Quick Right
ST = Straight	TCO = To Continue On
SS = Stop Sign	RD = Reverse Direction
TL = Traffic Light	n/s = no street sign
> = road name becomes	

Saybrook Point to Essex Loop

Start: Old Saybrook Point, Rt. 154 (College Rd), Old Saybrook

NOTE: This route sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Ride Write-up: Wu-New176

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
19.7	L	@ end w/ SS on Rt. 154
20.9	L	Watrous Point Rd (careful turn)
21.5	R	Azalea Way
21.7	L	@ end w/ SS on Otter Cove Rd
21.8	BL	River Edge Rd
22.1	BL	@ SS rejoin Otter Cove Rd
22.8	ST	>> Ayers Point Rd
23.3	L	@ end w/ SS on Essex Rd
24.2	R	>> Ferry Rd @ sharp bend
25.3	ST	>> Boston Post Rd (Rt. 1) @ I-95 on-ramp to the right
26.2	ST	@ TL X Rt. 154 on Mill Rock Rd
26.7	L	>> Research Pkwy @ bend
27.1	L	@ end w/ SS on Elm St...and beneath RR underpass
27.4	R	Lynde St
27.6	ST	@ TL X Rt. 1 TCO Lynde St

Mile	Dir	Road Info/Description

Mile	Dir	Road Info/Description
27.9	ST	@ SS X Old Boston Post Rd to Pennywise Lane
28.2	R	@ end w/ SS on Rt. 154
28.9	L	No. Cove Rd (careful turning)
29.6	R	Cornwell Rd
30.0	L	@ SS on Rt. 154
30.1	ST	@ SS on Dock Rd to Saybrook Point
30.2	O	Finish

Mile	Dir	Road Info/Description

Key:

O = Start, End, Regroup	X = Cross
L = Left Turn	R = Right Turn
BL = Bear Left	BR = Bear Right
QL = Quick Left	QR = Quick Right
ST = Straight	TCO = To Continue On
SS = Stop Sign	RD = Reverse Direction
TL = Traffic Light	n/s = no street sign
>> = road name becomes	