

## 2009 Hammonasset Half-Triathlon Ride (Killingworth Circle Version)

Start: Hammonasset SP West Beach parking lot, Madison

NOTE: This route sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team

Ride Write-up: Wu-New173

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Mile	Dir	Road Info/Description
0.0	O	Start from parking lot
0.0+	R	Access road to traffic circle
0.3	L	Around circle to park exit
1.4	ST	@ TL X Rte. 1 to Hammonasset Connector
2.6	ST	@ TL TCO Hammonasset Conn. >> Duck Hole Rd (2.7 mi.) >> Horsepond Rd (3.9 mi.)
4.7	ST	@ TL cross Green Hill Rd TCO Horsepond Rd
5.8	R	@ end w/ SS on Rt. 79
8.8	R	@ traffic circle on Rt. 80 E
13.0	RD	Circumnavigate traffic circle, reversing direction on Rt. 80 W
17.1	ST	TCO Rt. 80 W thru traffic circle
21.8	ST	@ TL cross Rt. 77 TCO Rt. 80 W

Mile	Dir	Road Info/Description
39.0+	QR	@ SS on Rt. 79
47.2	ST	TCO Rt. 79 thru traffic circle
50.3	BL	@ blinker on Horsepond Rd (careful...difficult turn in traffic)
51.4	ST	@ TL cross Green Hill Rd TCO Horsepond Rd
52.2	ST	>> Duck Hole Rd @ top of hill (Horsepond Rd departs R here)
53.4	ST	>> Hammonasset Connector approaching I-95 (Duck Hole Rd departs left here)
53.6	ST	@ TL TCO Hammonasset Conn.
54.7	ST	@ TL cross Rt. 1 to access road into Hammonasset State Park
55.7	R	@ circle toward West Beach
56.0	L	Into West Beach parking area
56.1	O	Finish

Mile	Dir	Road Info/Description
22.3	ST	@ TL cross Long Hill Rd TCO Rt. 80
25.0	ST	@ TL TCO Rt. 80 and Rt. 22 which enters from left
25.2	ST	@ TL (top of hill) TCO Rt. 80 & Rt. 22
26.3	ST	@ TL TCO Rt. 80 & Rt. 22 (Twin Lakes Rd goes right)
26.5	R	@ TL TCO Rt. 22 (Rt. 80 goes ST here)
30.8	R	@ TL TCO Rt. 22 (also Rt. 17)
31.0	ST	@ TL TCO Rt. 17 (Rt. 22 departs left here)
38.9	ST	TCO Rt. 17 (Rt. 77 departs sharply right here)
39.0	R	After gas station and before TL on short cut-thru road and...

Mile	Dir	Road Info/Description
<p><b>Key:</b>            O = Start, End, Regroup      X = Cross            L = Left Turn                      R = Right Turn            BL = Bear Left                      BR = Bear Right            QL = Quick Left                    QR = Quick Right            ST = Straight                        TCO = To Continue On            SS = Stop Sign                      RD = Reverse Direction            TL = Traffic Light                  n/s = no street sign            &gt;&gt; = road name becomes</p>		