

# SCCC's Flat Friday Double Crossing

Start: Rt. 9 Exit 3 CPL (Rt. 154) in Essex

**NOTE:** This route sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team

Ride Write-up: Wu-New126

[www.ctbikeroutes.org](http://www.ctbikeroutes.org)

| Mile | Dir | Road Info/Description   |
|------|-----|---|
| 0.0  | O   | Start   |
| 0.0+ | L   | Out of CPL onto Rt. 154 south   |
| 1.8  | L   | Otter Cove Dr (park like entry)   |
| 2.5  | BR  | TCO Otter Cove Dr   |
| 3.4  | BL  | @ SS TCO Otter Cove Dr (n/s)<br>(Lower Rd goes right here) >><br>Ayers Pt. Rd @ 3.6 mi. |
| 4.0  | L   | @ end w/ SS on Essex Rd (n/s)   |
| 4.6  | R   | Onto bike path over Connecticut<br>River on Baldwin Bridge                              |
| 5.6  | R   | @ end of path on Rt. 156 (traffic)  |
| 12.1 | L   | Mile Creek Rd (careful turning)   |
| 14.5 | L   | @ SS TCO Mile Creek Rd  |
| 16.3 | R   | @ SS on Rt. 156   |
| 16.7 | R   | McCurdy Rd  |
| 17.5 | R   | >> Lyme St @ bend (big church)  |
| 18.3 | ST  | @ TL onto Rt. 1 north (after I-95)  |

| Mile  | Dir | Road Info/Description             |
|-------|-----|-----------------------------------|
| 29.1  | R   | @ SS onto Rt. 154 south           |
| 33.7  | L   | @ end w/ SS Old Boston Post<br>Rd |
| 33.7+ | L   | @ TL onto Rt. 1 (traffic)         |
| 34.4  | R   | @ TL onto Schoolhouse Rd          |
| 37.2  | R   | @ end w/ SS on Rt. 153 (traffic)  |
| 40.4  | R   | @ TL onto Rt. 154                 |
| 40.4+ | L   | Into CPL (careful making turn)    |
| 40.5  | O   | Finish                            |
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| Mile | Dir | Road Info/Description   |
|------|-----|---|
| 18.7 | BL  | Sill Lane (careful turning)                                     |
| 19.7 | BL  | Saunders Hollow Rd  |
| 20.7 | L   | @ end w/ SS onto Rt. 156...use<br>caution; road narrows         |
| 22.7 | R   | @ TL onto bike path (careful)                                   |
| 23.7 | R   | @ end of path onto Essex Rd                                     |
| 24.0 | R   | >> Ferry Rd @ right bend  |
| 25.3 | ST  | >> Rt. 1 @ entrance to I-95                                     |
| 26.0 | L   | @ TL TCO Rt. 1 (now Rt. 154)<br>(use extra caution making turn) |
| 26.3 | R   | @ TL on Stage Rd  |
| 26.4 | L   | @ end w/ SS on N. Main St (n/s)                                 |
| 26.5 | ST  | Cross Rt. 1 @ TL onto Rt. 154<br>(careful of traffic in town)   |
| 28.0 | L   | North Cove Rd (careful turning)                                 |
| 28.7 | R   | >> Cromwell Rd @ bend   |
| 29.0 | L   | @ SS onto Rt. 154 south   |

| Mile  | Dir | Road Info/Description |
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| <b>Key:</b><br>O = Start, End, Regroup      X = Cross<br>L = Left Turn                  R = Right Turn<br>BL = Bear Left                BR = Bear Right<br>QL = Quick Left              QR = Quick Right<br>ST = Straight                TCO = To Continue On<br>SS = Stop Sign                RD = Reverse Direction<br>TL = Traffic Light            n/s = no street sign<br>>> = road name becomes |     |                       |