

## “Sandy Brook Bear” Ride

Start: Whittemore Recreation Area, Peoples State Forest, East River Rd, Barkhamsted

NOTE: This route sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team

Ride Write-up: Wu-New048

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Mile	Dir	Road Info/Description
0.0	O	Start (gravel road)
0.0+	L	East River Road
1.4	L	@ SS on Rt. 20 (Main St) into Riverton village
1.5	ST	Robertsville Rd (Rt. 20 goes L)
3.2	R	@ end w/ SS onto Rt. 8 (traffic)
4.0	L	Sandy Brook Rd (careful turn)
7.9	R	Phelps Flat Rd (hard packed dirt...fine for road bikes)
8.5	R	@ SS on Colebrook Rd (Rt. 183)
10.3	Look	Sign: “Norfolk” to the L
10.9	Look	Massachusetts state line >> Sandy Brook Turnpike
15.4	Look	CCC Camp Memorial to the R
15.6	R	Access road (E. Hill Rd) to York Lake in Sandisfield State Forest (easy to miss this turn)

Mile	Dir	Road Info/Description
34.0	Look	Boat launch entrance on left
35.6	L	@ top of hill @ gate on access road to Colebrook Dam (careful)
36.6	O	Colebrook Dam (views)
-	RD	Retrace out to Rt. 8
37.7	L	@ exit on Rt. 8 (traffic)
39.1	L	Riverton Rd >> Robertsville Rd
40.9	R	@ SS onto Rt. 20 in Riverton village (general store, ice cream shop located In village)
41.4	L	West River Rd (careful turning)
45.3	L	@ 4-way SS onto Rt. 318/181; cross bridge
45.3+	QL	East River Rd
48.2	L	Whittemore Recreation Area parking lot (gravel road)
48.2+	O	Finish

Mile	Dir	Road Info/Description
15.9	O	York Lake; restrooms; water
-	RD	Retrace out to Rt. 183
16.2	R	@ SS onto Rt. 183
18.9	R	@ SS sharply onto Rt. 57
21.4	Look	Sign “York Lake” @ R
21.5	Look	Sign “Sandisfield” @ L
23.6	L	Sharply TCO Rt. 57; sign “New Boston, Southwick”
26.8	Look	Sandisfield Post Office on R
27.7	ST	Cross bumpy bridge
28.2	ST	@ SS on Rt. 8 (enters from left)
28.3	O	New Boston’s country store just after the bridge on the left
28.3+	R	TCO Rt. 8 (Main St)...busy jct.
29.0	Look	American Legion Post 456 on R
32.5	Look	Waterfall on right (traffic)
32.5+	Look	Sign “Connecticut Welcomes You” on the right (state line)

Mile	Dir	Road Info/Description
<u>Key:</u>		
O = Start, End, Regroup		X = Cross
L = Left Turn		R = Right Turn
BL = Bear Left		BR = Bear Right
QL = Quick Left		QR = Quick Right
ST = Straight		TCO = To Continue On
SS = Stop Sign		RD = Reverse Direction
TL = Traffic Light		n/s = no street sign
>> = road name becomes		