From the Forest to the Sea Start: Rt. 9 Exit 8 CPL (Rt. 148) in Chester

Ride Write-up: Wu-SL048 www.ctbikeroutes.org

Dir	Road Info/Description	
0	Start	
L	Out of CPL onto Rt. 148 west	
R	Cedar Lake Rd	
L	Road to Pataconk Lake (sign)	
0	Pataconk Lake (views)	
BL	On service road past barrier;	
	pavement is poor, but useable	
L	@ barrier onto Rt. 148 (traffic)	
R	Rt. 145 (Winthrop Rd) >> Cedar	
	Lake Rd @ town line	
L	Chester Airport access road	
0	Chester Airport	
RD	Retrace out on access road	
L	@ SS onto Rt. 145	
L	@ "Y" (at church) Mayer Rd Ext	
L	@ end w/ SS on Rt. 80	
R	@ TL Westbrook Rd >>	
	Winthrop Rd @ town line	
R	@ barrier on path to pond views	
	O L R D L L R R	

Mile	Dir	Road Info/Description	
23.3	BR	Main St in Essex Village	
23.7	0	CT River Museum at end of	
		Main St @ CT River (views)	
-	RD	Retrace out on Main St	
23.9	R	Ferry St	
24.0	L	@ end onto Pratt St	
24.2	R	@ end w/ SS No. Main St >>	
		River Rd	
28.6	ST	>> Essex St (Rattling Valley	
		and Book Hill roads go left)	
29.6	ا	@ end w/ SS on Rt. 154	
29.7	R	Church St @ horseshoe courts	
29.8	R	@ end w/ SS on Union St	
30.0	ST	Cross Rt. 80 (Elm St) @ SS TCO	
		Union St >> Straits Rd	
31.5	L	@ SS on Spring St	
31.7	R	@ SS on Bokum Rd	
31.7+	L	@ end w/ SS on Rt. 148	
32.5	L	CPL	

Mile	Dir	Road Info/Description	
11.2	0	Messerschmidt Pond	
-	RD	Retrace out on path	
11.3	R	Winthrop Rd >> W. Pond	
		Meadow Rd	
15.2	R	@ end w/ SS on Willard Rd	
15.3	R	Railroad Ave just after bridge	
15.4	ST	@ end w/ SS Old Clinton Rd	
15.6	L	@ SS Wesley Ave	
16.0	ST	Cross Rt. 1 @ TL to Seaside Ave	
16.4	R	Bellstone Ave (don't miss turn)	
16.7	R	@ end w/ SS Rt. 1 – traffic	
17.0	BR	South Main St	
17.3	R	@ TL rejoin Rt. 1	
17.4	L	@ town green on Rt. 153 - traffic	
17.4+	0	Westbrook Town Green on left	
17.4+	TCO	Rt. 153 toward Essex	
22.6	ST	X Rt. 154 @ TL onto West Ave	

Mile	Dir	Road Info/Description
32.6	0	Finish

KΔ	7-
176	у.

O = Start, Regroup, Finish X = Cross
L = Left Turn R = Right Turn
BL = Bear Left BR = Bear Right
QL = Quick Left QR = Quick Right
ST = Straight TCO = To Continue On
SS = Stop Sign RD = Reverse Direction
TL = Traffic Light n/s = no street sign
>> = road name becomes