

An Old Lyme Odyssey

Start: American Legion Post 113 parking lot, Essex Road, Old Saybrook

Ride Write-up: Wu-SL020

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start
0.0+	R	Bike path over Baldwin Bridge
1.0	ST	Cross Rt. 156 @ TL onto Rt. 1 north
1.7	L	@ TL TCO Rt. 1 north
2.1	L	Sill Lane (careful turning)
3.2	BL	Saunders Hollow Rd
4.1	R	@ end w/ SS on Rt. 156
4.3	R	Bill Hill Rd
4.7	R	Burr Rd
5.2	R	@ end w/ SS Town Woods Rd (n/s)
6.9	L	@ end w/ SS on Rt. 1 (careful)
7.0+	O	<i>Hains Park (Rogers Lake) on left</i>
7.6	R	Lords Meadow Lane
7.9	R	Lady Slipper Ext
8.0	R	@ SS on Jericho Rd
8.9	L	@ end w/ SS Whippoorwill Rd (n/s)

Mile	Dir	Road Info/Description
25.2	R	White Sands Beach Rd (pillars)
25.5	L	@ end Seaside Lane (n/s)
25.5+	O	<i>White Sands Beach (views)</i>
-	RD	Retrace out to stone pillars
25.9	L	@ end w/ SS on Old Shore Rd (n/s)
26.4	L	@ end w/ SS blend onto Rt. 156
26.8	O	<i>Hallmark's ice cream</i>
26.9	R	Bailey Rd
27.2	L	@ end w/ SS Mile Creek Rd (n/s)
27.4	R	(Sharply) Johnny Cake Hill Rd
28.3	R	@ end w/ SS McCurdy Rd (n/s)
28.6	R	@ bend (church) Main St
29.4	L	@ TL onto Rt. 1 – traffic
30.2	ST	Cross Rt. 156 @ TL & bear left onto bike path over Baldwin Bridge (Connecticut River)
31.2	L	@ end of path into Am. Legion
31.2+	O	Finish

Mile	Dir	Road Info/Description
11.6	L	@ end w/ SS Mile Creek Rd (n/s)
12.5	ST	@ SS Flatrock Hill Rd (uphill)
12.9	BR	Brown's Lane (Flatrock Hill Rd goes left)
13.9	L	@ end w/ SS Mile Creek Rd (n/s)
14.7	L	@ end w/ SS Rt. 156 (traffic)
16.1	R	Rocky Neck State Park
16.2	BR	@ kiosk & through campground
17.6	O	<i>Rocky Neck beach pavilion</i>
-	RD	Retrace out to park entrance
19.1	L	@ exit w/ SS Rt. 156 (traffic)
20.5	R	Mile Creek Rd
23.6	L	Buttonball Rd
24.9	ST	Cross Rt. 156 @ SS TCO Buttonball Rd
25.1	L	@ island w/ SS onto Old Shore Rd (n/s)

Mile	Dir	Road Info/Description

Key:

O = Start, Regroup, Finish X = Cross
 L = Left Turn R = Right Turn
 BL = Bear Left BR = Bear Right
 QL = Quick Left QR = Quick Right
 ST = Straight TCO = To Continue On
 SS = Stop Sign RD = Reverse Direction
 TL = Traffic Light n/s = no street sign
 >> = road name becomes