

# Sara's Scintillating Shoreline Sojourn (through Old Lyme)

Start: Big Y parking lot, Rt. 1 (Boston Post Road), Old Lyme

Ride Write-up: Wu-SL059

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start; go out east entrance
0.2	R	@ SS onto Rt. 1
0.5	L	@ TL TCO Rt. 1
1.0	BL	Sill Lane - careful here
2.0	R	@ island TCO Sill Lane
2.9	R	@ end w/ SS onto Rt. 1
3.4	L	Whippoorwill Rd - careful here
6.6	R	@ end w/ SS Mile Creek Rd
7.5	R	Johnny Cake Hill Rd
8.4	BR	@ end w/ SS McCurdy Rd (n/s)
8.7	R	@ bend @ church onto Lyme St
9.5	L	@ TL (after underpass) onto Rt. 1
10.2	L	@ TL Rt. 156...careful here
10.7	R	Ferry Rd; to DEP Marine Headquarters & to end of boardwalk
11.6	O	End of boardwalk
-	RD	Retrace to Rt. 156 on Ferry Rd
12.4	R	@ SS Rt. 156
13.9	R	Smith's Neck Rd - follow to end

Mile	Dir	Road Info/Description
21.2	L	@ SS Hillcrest Rd
21.3	BR	Sea View Rd >> Walnut Rd
21.8	R	@ SS Hillcrest Rd
22.0	R	@ SS Connecticut Rd
22.1	R	@ end w/ SS Rt. 156
22.3	R	Oak Ridge Dr (boat launch sign)
22.6	R	Boat launch access road
22.7	O	Boat launch area
-	RD	Retrace out access road
22.9	R	@ SS Oak Ridge Dr
23.2	L	@ end w/ SS Wildwood Dr (n/s)
23.5	R	@ end w/ SS Oak Ridge Rd (n/s)
23.7	R	@ end w/ SS Rt. 156
24.3	BL	@ SS Four Mile Creek Rd
25.3	L	Hatchett's Hill Rd...just before I-95
26.7	L	@ end w/ SS Flat Rock Hill Rd (n/s)
27.3	R	@ end w/ SS TCO Flat Rock Rd (Brown's Lane goes left here)
27.7	ST	@ SS Mile Creek Rd (bottom of hill)

Mile	Dir	Road Info/Description
14.7	O	Smiths Neck: State Boat Launch
-	RD	Retrace out on Smith's Neck Rd
15.6	R	@ SS Rt. 156
16.5	BR	Old Shore Rd
17.0	R	White Sands Beach Rd (between stone pillars)...follow to ocean
17.3	L	@ end w/ SS Cottage Rd (n/s)
17.4	L	New Britain Rd (n/s)
17.6	L	@ SS Howard Rd
17.6+	QR	@ SS White Sands Beach Rd
17.7	R	@ end w/ SS Old Shore Rd
18.2	R	@ end w/ SS Rt. 156
20.4	R	Connecticut Rd @ Dairy Market & go under RR underpass
20.7	BR	TCO Connecticut Rd
20.9	L	@ end w/ SS Ridgewood Rd
21.0	R	@ SS Hough Rd
21.1	R	@ SS Sargent Rd

Mile	Dir	Road Info/Description
29.4	R	@ end w/ SS Rt. 156
29.8	R	McCurdy Rd
30.7	R	@ bend @ church onto Lyme St
31.5	L	@ TL (after underpass) onto Rt. 1
31.9	L	Access road into shopping center near post office
32.1	O	Finish

Key:	
O = Start, End, Regroup	
L = Left Turn	R = Right Turn
BL = Bear Left	BR = Bear Right
QL = Quick Left	QR = Quick Right
ST = Straight	KR = Keep Right
SS = Stop Sign	TCO = To Continue On
TL = Traffic Light	RD = Reverse Direction
X = Cross	n/s = no street sign
>> = road name becomes	