

Over the Bridge – Old Saybrook to Old Lyme
Start: CPL @ junction of Rte. 154 & Bokum Rd, Old Saybrook

Ride Write-up: Wu-WE047

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	R	Out of CPL onto Rt. 154
0.1	R	Connally Rd >> Mill Rock Rd
1.5	L	@ end w/ SS Ingham Hill Rd (n/s)
1.7	R	TCO Ingham Hill (Elm St goes straight)
2.6	L	@ TL Rt. 1 (Boston Post Rd)
2.7	R	@ TL Rt. 154
2.8	R	TCO Rt. 154 (Great Hammock Rd)
4.8	ST	@ SS TCO Rt. 154
7.4	L	@ end w/ SS TCO Rt. 154
7.5	R	Cromwell Pl (n/s)
7.8	L	North Cove Rd
8.5	R	@ end w/ SS Rt. 154
9.6	R	@ TL TCO Rt. 154 (also Rt. 1)
10.0	R	@ TL Rt. 1 (BPR)
11.2	BR	@ bend, now Ferry Rd
12.5	L	@ SS; hard left onto Essex Rd (n/s)
12.8	L	Onto bike path over Baldwin Bridge

Mile	Dir	Road Info/Description
29.4	R	@ SS onto Gungy Rd
32.3	L	@ end w/ SS on Darling Rd (n/s)
32.4	BL	@ SS TCO Darling Rd >> Essex Tpke >> Salem Rd
35.4	L	@ end w/ SS Rt. 156
37.8	R	Joshuatown Rd
38.0	L	Old Hamburg Rd (not over bridge)
38.3	R	@ end w/ SS rejoin Rt. 156
38.6	R	Cove Rd (Hamburg Village)
39.8	L	@ end w/ SS Ely's Ferry Rd
40.7	R	@ end w/ SS Rt. 156 and...
40.8	QL	Bill Hill Rd (caution making turn)
41.5	BL	Town Woods Rd
43.8	R	@ end w/ SS Rt. 1 (BPR)
44.2	BR	Sill Lane (n/s)
45.2	BL	@ island TCO Sill Lane
46.2	BR	@ end w/ SS Rt. 1 (BPR)
46.6	ST	@ TL onto Lyme St
47.2	O	<i>Old Lyme Ice Cream Shop right</i>

Mile	Dir	Road Info/Description
13.8	R	@ end of path onto Rt. 156
14.0	ST	@ series of TL's TCO Rt. 156
17.0	L	Buttonball Rd (caution here)
18.3	R	@ end w/ SS onto Mile Creek Rd
19.0	BL	@ fork w/ SS on Flat Rock Hill Rd (Mile Creek Rd goes right)
19.3	L	(Sharply) TCO Flat Rock Hill Rd
19.9	R	Hatchett Hill Rd
20.9	ST	@ SS TCO Hatchett Hill Rd
21.5	L	@ end w/ SS onto Four Mile River Rd
22.8	R	@ end w/ SS Rt. 1 (BPR)
24.3	L	Scott Rd (caution making turn)
26.2	L	@ SS Whistletown Rd (Upper Pattagansett Rd goes right here)
28.3	ST	Cross Grassy Hill Rd onto Beaver Brook Rd (n/s)

Mile	Dir	Road Info/Description
47.4	R	Ferry Rd (just before church)
47.7	R	@ end w/ SS onto Rt. 156
48.1	L	@ 3 rd traffic light onto bike path over the Baldwin Bridge
49.1	L	Essex St @ end of bike path
50.0	L	VFW Highway @ top of hill (n/s)
50.2	L	@ end w/ SS onto Rt. 154
50.9	R O	Into CPL; Finish

Key:

O = Start, End, Regroup

L = Left Turn

R = Right Turn

BL = Bear left

BR = Bear Right

QL = Quick Left

QR = Quick Right

ST = Straight

>> = becomes

SS = Stop Sign

TCO = To Continue On

TL = Traffic Light

RD = Reverse Direction

BPR = Boston Post Rd

n/s = no street sign