

The Old Saybrook/Old Lyme Figure 8 Ride

Start: Old Saybrook Railroad Station parking area, Old Saybrook

Ride Write-up: Wu-WE008

www.ctbikeroutes.org

| Mile | Dir | Road Info/Description |
|------|-----|---|
| 0.0 | O | Start: Exit parking area to west |
| 0.0+ | L | From parking lot onto N. Main St |
| 0.2 | ST | Cross Rt. 1 @ TL onto Main St (Rt. 154) |
| 1.7 | L | N. Cove Rd (careful turning) |
| 2.4 | R | Cromwell Place |
| 2.7 | L | @ SS onto Rt. 154 (College St) |
| 2.8 | R | @ SS TCO Rt. 154 (Bridge St) |
| 3.7 | L | Just after causeway onto Nibang Ave |
| 3.8 | R | @ SS onto Fenwick Ave |
| 4.1 | R | @ end onto Pettipaug Ave |
| 4.2 | R | @ SS onto Pattaquasset Ave |
| 4.3 | R | @ end w/ SS on Agawam Ave (n/s) |
| 4.5 | L | >> Mohegan Ave @ bend |
| 4.6 | R | >> Neponset Ave @ bend |
| 4.8 | L | @ end onto Sequassen Ave |
| 5.1 | ST | >> Nibang Ave |

| Mile | Dir | Road Info/Description |
|------|------|---|
| 9.3 | R | @ TL onto Ingham Hill Rd |
| 10.2 | R | @ SS onto Elm St (n/s) (opposite I-95 entrance ramp) |
| 10.4 | L | Research Pkwy (n/s) (before railroad underpass) |
| 10.9 | R | @ SS onto Mill Rock Rd (n/s) |
| 11.3 | ST | Cross Rt. 154 @ TL onto Rt. 1 (Boston Post Rd >> Ferry Rd) |
| 13.1 | Look | <i>Ride under Baldwin Bridge (I-95) (boat launch, toilets to right)</i> |
| 13.3 | L | >> Essex Rd @ left bend (n/s) |
| 13.6 | L | Onto bike path (sign) @ American Legion building |
| 14.6 | R | @ end of bike path onto Rt. 156 |
| 15.1 | R | Ferry Rd (go to end) |
| 15.6 | O | <i>DEP Marine Headquarters</i> |
| --- | ST | Take boardwalk to viewing platform @ end |
| 15.9 | O | <i>Views of CT River & LI Sound</i> |

| Mile | Dir | Road Info/Description |
|------|-----|---|
| 5.3 | L | @ end w/ SS onto Rt. 154 (Maple Ave) |
| 6.8 | L | East Lane (don't miss it) and... |
| 6.8+ | QR | Sea Lane (n/s) |
| 7.0 | L | @ end w/ SS onto Hartland Dr (n/s) |
| 7.1 | O | <i>Cornfield Point</i> |
| 7.1+ | R | Pratt Rd |
| 7.2 | L | Billow Rd |
| 7.3 | R | @ SS onto W. Shore Dr (n/s) |
| 7.4 | ST | TCO W. Shore Dr (one-way) |
| 7.5 | R | @ end onto unmarked road |
| 7.6 | L | @ end w/ SS onto Rt. 154 (Plum Bank Rd >> Great Hammock Rd) |
| 9.1 | L | @ end w/ SS TCO Rt. 154 (Old Boston Post Rd) |
| 9.2 | L | @ TL onto Rt. 1 (traffic) |

| Mile | Dir | Road Info/Description |
|------|-----|---------------------------------|
| --- | RD | Retrace back out to Rt. 156 |
| 16.7 | R | @ end w/ SS onto Rt. 156 |
| 19.1 | BR | Old Shore Rd |
| 20.1 | R | @ end w/ SS rejoin Rt. 156 |
| 22.9 | L | Mile Creek Rd (careful turning) |

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Key:

O = Start, Regroup, Finish X = Cross
 L = Left Turn R = Right Turn
 BL = Bear Left BR = Bear Right
 QL = Quick Left QR = Quick Right
 ST = Straight TCO = To Continue On
 SS = Stop Sign RD = Reverse Direction
 TL = Traffic Light n/s = no street sign
 >> = road name becomes

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| 26.3 | R | Whippoorwill Rd (don't miss it) |
| 29.5 | R | @ end w/ SS onto Rt. 1 (traffic) |
| 30.6 | L | Into Hains Park (Rogers Lake) |
| 30.6+ | O | <i>Lunch</i> |
| --- | RD | Retrace back out to Rt. 1 |
| 30.7 | R | @ park exit onto Rt. 1 |
| 30.8 | R | Town Woods Rd |
| 32.5 | L | Burr Rd (top of hill-don't miss it) |
| 33.0 | L | @ end w/ SS onto Bill Hill Rd (n/s) |
| 33.4 | L | @ end w/ SS onto Rt. 156 |
| 33.6 | L | Saunders Hollow Rd (careful) |
| 34.5 | L | Sharply @ island onto Sill Lane |
| 35.4 | R | @ end w/ SS onto Rt. 1 |
| 35.8 | L | Whippoorwill Rd (careful) |
| 39.0 | L | @ end w/ SS onto Mile Creek Rd (n/s) |
| 39.3 | R | Buttonball Rd |

| Mile | Dir | Road Info/Description |
|-------|-----|--|
| 42.8 | L | @ end w/ SS onto Mile Creek Rd (n/s) |
| 43.0 | R | Johnny Cake Hill Rd (follow over RR & past golf course) |
| 43.9 | R | @ end w/ SS onto McCurdy Rd (n/s) |
| 44.3 | R | >> Main St @ bend (church)... |
| 44.3+ | QL | Ferry Rd |
| 44.6 | R | @ end w/ SS onto Rt. 156 (traffic) |
| 45.2 | L | @ 3 rd TL onto bike path over the CT River (careful turning @ TL) |
| 46.2 | R | @ end of bike path onto Essex Rd (n/s) >> Ferry Rd @ bend @ 46.5 |
| 47.6 | ST | >> Rt. 1 @ I-95 entrance |
| 48.5 | L | @ TL TCO Rt. 1 (now also Rt. 154) (Caution: heavy traffic) |

| Mile | Dir | Road Info/Description |
|-------|-------------|--|
| 40.0 | <i>Look</i> | <i>Black Hall Country Club on left</i> |
| 40.7 | ST | Cross Rt. 156 @ SS TCO Buttonball Rd |
| 40.8 | L | @ end w/ SS onto Old Shore Rd (n/s) |
| 40.9 | R | White Sand Beach Rd (@ pillars) |
| 41.2 | L | @ end onto Seaside Ln (n/s) |
| 41.2+ | O | <i>White Sand Beach (views)</i> |
| --- | R | TCO Seaside Lane and... |
| 41.2+ | QL | New Britain Rd (n/s) |
| 41.4 | L | @ SS onto Howard Rd (n/s – exit arrow) |
| 41.5 | R | @ SS on White Sand Beach Rd |
| 41.5+ | L | @ end w/ SS onto Old Shore Rd (n/s) |
| 42.0 | L | @ end w/ SS onto Rt. 156 |
| 42.4 | <i>Look</i> | <i>Hallmark's ice cream on left</i> |
| 42.5 | R | Bailey Rd |

| Mile | Dir | Road Info/Description |
|------|-----|--|
| 48.7 | R | Shopping plaza access road After crossing above RR tracks |
| 48.8 | O | Finish |

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