

# Old Lyme & Uncas Lake Loop

Start: Big Y parking lot, Rt. 1 near I-95 Exit 70 in Old Lyme

Ride Write-up: Wu-SL014

www.ctbikeroutes.org

| Mile | Dir | Road Info/Description                                       |
|------|-----|---|
| 0.0  | O   | Start; go out east entrance                                 |
| 0.2  | R   | @ SS onto Rt. 1   |
| 0.5  | L   | @ TL TCO Rt. 1  |
| 1.0  | L   | Sill Lane (careful turning)                                 |
| 2.0  | BL  | @ island Saunders Hollow Rd                                 |
| 2.9  | R   | @ end w/ SS onto Rt. 156                                    |
| 3.1  | R   | Bill Hill Rd  |
| 4.6  | R   | @ end w/ SS onto Rt. 156 and...                             |
| 4.6+ | QL  | Ely's Ferry Rd - to end                                     |
| 6.5  | O   | <i>Old ferry landing at Conn. River</i>                     |
| -    | RD  | Retrace out on Ely's Ferry Rd                               |
| 7.5  | L   | Cove Rd   |
| 8.7  | L   | @ end w/ SS on Rt. 156 (careful)                            |
| 8.8  | R   | Sterling City Rd  |
| 10.3 | O   | <i>Tiffany Farms</i>  |
| 10.4 | L   | @ end w/ SS onto Rt. 156                                    |
| 10.7 | L   | Nehantic State Forest road - use caution; poor road surface |
| 11.9 | BL  | TCO service road  |

| Mile  | Dir | Road Info/Description  |
|-------|-----|--|
| 26.3  | R   | White Sands Beach Rd (pillars)                                     |
| 26.6  | L   | @ end Seaside Lane (n/s)   |
| 26.7  | O   | <i>White Sands Beach (views)</i>                                   |
| -     | RD  | Retrace out to exit (pillars)                                      |
| 27.0  | L   | @ end w/ SS Old Shore Rd (n/s)                                     |
| 27.4  | L   | @ end w/ SS on Rt. 156 (careful)                                   |
| 27.9  | O   | <i>Hallmark's Ice Cream on left</i>                                |
| 28.0  | R   | Bailey Rd  |
| 28.3  | L   | @ end w/ SS Mile Creek Rd (n/s)                                    |
| 28.5  | R   | (sharply) Johnny Cake Hill Rd                                      |
| 29.4  | R   | @ end w/ SS McCurdy Rd (n/s)                                       |
| 29.7  | R   | @ bend @ church onto Lyme St                                       |
| 29.8  | QL  | Ferry Rd (just past church)  |
| 30.1  | R   | @ end w/ SS on Rt. 156 and...                                      |
| 30.1+ | QL  | TCO Ferry Rd   |
| 31.0  | O   | <i>DEP Marine Headquarters - go to end of boardwalk (seasonal)</i> |
| -     | RD  | Retrace out via Ferry Rd   |
| 31.9  | R   | @ end w/ SS on Rt. 156 and...                                      |

| Mile | Dir | Road Info/Description                |
|------|-----|--------------------------------------|
| 12.8 | R   | Uncas Lake picnic area               |
| 13.0 | O   | <i>Uncas Lake</i>                    |
| -    | RD  | Retrace out on service road          |
| 15.2 | L   | @ end w/ SS on Rt. 156               |
| 15.6 | L   | Bill Hill Rd (careful turning)       |
| 16.2 | L   | @ island w/ SS on Blood St           |
| 18.6 | R   | @ end w/ SS Grassy Hill Rd           |
| 20.0 | R   | @ end w/ SS on Rt. 1                 |
| 20.1 | O   | <i>Hains Park (Rogers Lake)</i>      |
| 21.2 | L   | Whippoorwill Rd (careful turning)    |
| 24.5 | L   | @ end w/ SS Mile Creek Rd (n/s)      |
| 24.7 | R   | Buttonball Rd                        |
| 26.1 | ST  | Cross Rt. 156 @ SS TCO Buttonball Rd |
| 26.2 | L   | @ island w/ SS Old Shore Rd (n/s)    |

| Mile | Dir | Road Info/Description                             |
|------|-----|---|
| 32.0 | QL  | TCO Ferry Rd - go to end                          |
| 32.2 | L   | @ end w/ SS on Lyme St                            |
| 33.0 | L   | @ TL (after underpass) onto Rt. 1                 |
| 33.4 | L   | Access road into shopping center near post office |
| 33.6 | O   | Finish  |

## Key:

O = Start, Regroup, Finish      X = Cross  
 L = Left Turn                      R = Right Turn  
 BL = Bear Left                      BR = Bear Right  
 QL = Quick Left                      QR = Quick Right  
 ST = Straight                      TCO = To Continue On  
 SS = Stop Sign                      RD = Reverse Direction  
 TL = Traffic Light                      n/s = no street sign  
 >> = road name becomes