

# Niantic to the Coast Guard Academy Run

Start: Samuel M. Peretz Park, Rt. 156 near Rocky Neck State Park in Niantic (E. Lyme)

Ride Write-up: Wu-WE037

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start out park access road
0.1	L	@ SS onto W. Main St (Rt. 156)
0.9	R	Fairhaven Rd
1.8	R	@ SS onto Black Point Rd and through RR underpass
1.8+	QR	@ SS TCO Old Black Pt. Rd
2.2	R	@ SS TCO Old Black Pt. Rd
4.6	R	@ SS onto The Great Wight Way
4.7	L	West Lane (speed bumps)
4.9	R	Bond St (n/s) after chained gate >> East Shore Rd @ 5.0 >> Billow Rd @ 5.7
5.7	R	@ SS onto West End Rd
5.8	R	Bidwell St
5.9	L	@ SS onto Attawan Ave (n/s)
6.2	R	@ SS w/ island on Attawan Rd
6.5	R	@ SS on Old Black Pt. Rd, then..
6.5+	QR	Terrace Ave
6.7	R	Sharply @ SS on Manwaring Rd

Mile	Dir	Road Info/Description
12.4	ST	@ SS onto New Shore Rd (Shore Rd goes left here)
13.0	R	@ end w/ SS rejoin Shore Rd
13.4	R	Seaside Dr & tour former Seaside Regional Center for the CT Dept. of Mental Retardation and retrace out to Shore Rd
14.2	R	@ SS onto Shore Rd
14.5	R	@ end w/ SS onto Great Neck Rd (Rt. 213)
15.1	R	Entrance to Harkness Memorial State Park
15.4	O	Comfort station
-	L	On path toward mansion, then left and right to entrance to Camp Harkness, then left to exit
16.1	R	@ exit onto Great Neck Rd (Rt. 213)
16.7	R	Ridgewood Ave >> Shore Dr

Mile	Dir	Road Info/Description
7.0	L	@ end onto Shore Rd
7.3	R	S. Washington Ave (after yacht club)
7.5	R	@ SS onto Crescent Ave
7.6	L	@ SS onto Bayview Ave
7.7	BR	@ fork onto Ocean Ave
7.8	BR	@ fork onto Atlantic St
7.9	O	McCook Park (comfort stop)
8.0	R	@ SS onto Columbus Ave
8.1	R	@ SS onto Katherine St (n/s) just after crossing above RR
8.2	L	>> Haigh Ave (n/s) @ bend
8.3	R	@ end w/ SS onto Main St (Rt. 156) & follow through Niantic & over Niantic River Bridge
10.5	R	Gardiners Wood Rd
11.3	L	@ end w/ SS on Jordan Cove Rd
11.7	R	@ end w/ SS onto Shore Rd

Mile	Dir	Road Info/Description
17.4	R	@ SS onto Peninsular Ave >> Highland Ave @ bridge
17.5	R	Stuart Ave (n/s); fence on right
17.6	L	@ SS onto Neptune Ave (traffic)
17.9	L	@ SS onto Pequot Ave along the Thames River, passing Mitchell College & Pfizer Research Center

(Continued on Page 2)

## Key:

O = Start, Regroup, Finish    X = Cross  
L = Left Turn    R = Right Turn  
BL = Bear Left    BR = Bear Right  
QL = Quick Left    QR = Quick Right  
ST = Straight    TCO = To Continue On  
SS = Stop Sign    RD = Reverse Direction  
TL = Traffic Light    n/s = no street sign  
>> = road name becomes

DLB00139

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Mile	Dir	Road Info/Description
20.2	R	@ traffic circle
20.3	R	Trumbull St
20.5	ST	Into Fort Trumbull State Park
20.8	O	<i>Comfort station near pier</i>
-	RD	Retrace out to traffic circle
21.2	-	CCW @ circle and go right under RR bridge
21.2+	BR	Howard St (n/s) after bridge
21.8	R	@ TL onto Bank St (city traffic)
22.3	R	@ TL onto State St and...
22.3+	QL	Water St (n/s) to RR Station
22.3+	O	<i>New London RR Station</i>
22.8	R	@ TL onto Crystal Ave (n/s)
22.9	ST	@ bottom of hill TCO Crystal Av
23.6	R	@ SS onto Rt. 32 (Mohegan Ave) (consider using sidewalk)
23.6+	Look	<i>US Coast Guard Academy</i>

Mile	Dir	Road Info/Description
32.9	R	After SS onto Plant Dr; soon blends w/ Park Dr entering left
33.3	L	@ end w/ SS on Konomoc Ave
33.3+	QR	Shawandasse Rd
33.9	R	@ SS on Oswegatchie Rd (n/s)
34.2	R	@ end w/ SS on Niantic River Rd (n/s)
35.3	L	West St (bridge looms ahead)
36.4	R	@ end w/ SS onto Rt. 156 and across Niantic River Bridge
37.2	R	Smith Ave (restaurant on right)
37.3	L	Grand St
37.5	R	@ end w/ SS on Pennsylvania Ave & prepare to turn left
37.7	L	Hope St (careful turning)
38.1	L	@ end w/ SS onto E. Pattagansett Rd

Mile	Dir	Road Info/Description
<b>With ID (driver's license), you can visit the USCG Academy. Ask attendant for directions to Boat House, a fine place to view the river and snack.</b>		
24.2	L	@ TL into Conn College; after uphill, go left to stop sign
24.3	R	@ SS through campus
24.6	R	@ exit w/ SS on Williams St (n/s)
24.7	L	Gallows Rd
25.3	L	@ end w/ SS onto Bloomingdale Rd
25.7	R	Sharply on Pilgrim Rd (careful)
25.9	L	@ SS onto Chapman Rd
26.2	R	@ end w/ SS onto Vauxhall St
27.9	L	Douglas Lane (don't miss turn)
28.9	R	@ end w/ TL onto Rt. 85 (traffic)
29.1	L	@ TL onto Way Hill Rd (be very cautious making this turn)
29.7	L	@ SS onto Oil Mill Rd
31.6	L	@ end w/ TL onto Rt. 1
31.7	QR	Oswegatchie Rd @ top of hill

Mile	Dir	Road Info/Description
38.2	ST	@ TL across Rt. 156 onto Black Point Rd
38.7	ST	Fairhaven Rd (don't go left under RR bridge here)
39.6	L	@ end w/ SS onto W. Main St ) (Rt. 156
40.4	R	Bride Brook Park access road
40.5	O	Finish
<b>If you choose to visit the USCG Academy campus, the mileage cues will be inaccurate for the balance of the ride. Adjust accordingly.</b>		
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